Jingle Bell Rock



拍數: 64 編數: 1 級數: Phrased High Beginner

編舞者: Mona Gardner (USA) & Jean Henke (USA) - December 2022

音樂: Jingle Bell Rock - Brenda Lee



With Special Recognition to LaVon Johnson who began the original in 2014 but was unable to complete the work.

We miss her.

Phrased: A,A, B, A,A, B, A

(A) 32c

Group 1: STEP-KICK, BASIC RIGHT, TOUCH

Step right, kick left across right
Step left, kick right across left
Step right, left meets right (Basic R)
Step right, left touch beside right (Basic R)

Group 2: STEP-KICK, BASIC LEFT, TOUCH

1-2	Step left, kick right across left
3-4	Step right, kick left across right
5-6	Step left, right meets left (Basic L)

7-8 Step left, right touch beside right (Basic L)

Group 3: VINE RIGHT, TURN 1/2 RIGHT, BRUSH, CONTINUE VINE LEFT, TOUCH

1-2	Step right, left behind right
3-4	Spin turn right ½, brush
5-6	Step left, right behind left

7-8 Step left, tough right beside Left

Group 4: SCISSORS RIGHT, SCISSORS LEFT

1-2 Step right, slide left to meet right (shift weight	to left	t)
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3-4 Cross right over left, hold

5-6 Step left, slide right to meet left (shift weight to right)

7-8 Cross left over right, hold

(B) 32c

Group 1: STEP-LOCK DIAGONALLY FORWARD

1-2	Step right diagonally forward, slide left to lock behind right
3-4	Step right diagonally forward, slide left to lock behind right
5-6	Step left diagonally forward, slide right to lock behind left
7-8	Step left diagonally forward, slide right to lock behind left

Group 2: MAMBO FORWARD, MAMBO BACK

1-2	Step forward right, step back left
3-4	Step back right beside left, hold
5-6	Step back left, step forward right
7-8	Step forward left beside right, hold

Group 3: STEP BACK, HOLD, COASTER STEP

1-2	Step back right, hold
3-4	Step back left, hold

5-6 Step back right, step left back to meet right

7-8 Step forward right, hold

Group 4: SIDE-ROCK-RECOVER (TOGGLE), BEHIND SIDE CROSS, HOLD

1-2 Side-rock left, recover R
3-4 Side-rock left, recover R
5-6 Step left behind right, step right

7-8 Cross left over right, hold

Ending: 16-count SPECIAL ENDING (should begin at 6:00 wall)

Paddle-turn left by rotating on left toe, pushing with the right for 8-counts

Then, do Group 1 of A until the end of dance (12:00 wall)