My World Spins



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Kimberly Parrish (USA) - December 2022 音樂: What My World Spins Around - Jordan Davis



[1-8] Kick, Step, Point; Kick, Step, Point; Right Sailor Step; Left Sailor Step

| 1&2 | Kick RF forward, Step Ball of RF next to LF, Point LF to left side |
|-----|---|
| 3&4 | Kick LF forward, Step Ball of LF next to RF, Point RF to right side |
| 5&6 | Sweep RF behind LF, Step LF next to RF, Step RF to Right side |

7&8 Sweep LF behind RF, Step RF next to LF, Step LF to Left side(End facing 12 o'clock)

[9-16] Lunge, Hold, Lunge with 1/2 Turn, Hold, Right Sailor Step, Left Sailor Step

| 9-10 | Lunge out to Right side, Hold |
|-------|--|
| 11-12 | Push off on RF as you make a lunge with a 1/2 turn over your Right shoulder, Hold |
| 13&14 | Sweep RF behind LF, Step LF next to RF, Step RF to Right side |
| 15&16 | Sweep LF behind RF, Step RF next to LF, Step LF to Left side(End facing 6 o'clock) |

| [17-24] Forward Shuffle, Full Turn, Shuffle Forward, Full Turn | | |
|--|--|--|
| 17&18 | Step forward on RF, Step LF next to RF, Step forward on RF | |
| 19-20 | Step back on your LF as you make a 1/2 turn over your Left Shoulder, Step forward on your | |
| | RF as you make a 1/2 turn over your Right shoulder | |
| 21&22 | Step forward on your LF, Step LF next to RF, Step forward on your LF | |
| 23-24 | Step back on your RF as you make a 1/2 turn over your Right shoulder, Step forward on your | |
| | LF as you make a 1/2 turn over your Right shoulder(End facing 6 o'clock) | |

[25-32] Point RF to side, Together, Point LF to side, Together with 1/4 turn, Point RF to side, Together, Point LF to side, Together

| 25-26 | Point RF to Right side, Step RF next to LF |
|-------|---|
| 27-28 | Point LF to Left side, Step LF next to RF as you make a 1/4 turn over Left shoulder |
| 29-30 | Point RF to Right side, Step RF next to LF |
| 31-32 | Point LF to Left side, Step LF next to RF(End facing 3 o'clock) |

*TAG AT THE END OF WALL 4 FACING 12 O'CLOCK(8 counts) WILL BE FACING 9 O'CLOCK WHEN TAG IS FINISHED

| 1-4 | Pushing off of your LF make 1 and 1/4 spins over your Right shoulder, weight ends up on LF |
|-----|--|
| 5-8 | Roll hips from right to left, repeat |

*TAG AT THE END OF WALL 7 FACING 6 O'CLOCK(16 counts) WILL BE FACING 3 O'CLOCK WHEN TAG IS FINISHED

| 1-4 | Pushing off of your LF make 1 and 1/4 spins over your Right shoulder, weight ends up on LF |
|------|--|
| 5-8 | Roll hips from right to left, repeat |
| 9-12 | Step Forward on RF, Make a 1/2 turn pivot over Left shoulder, repeat |

13-16 Roll hips from right to left, repeat

Last Update: 24 Dec 2022