Steal Your Heart Away

級數: Absolute Beginner Cha

編舞者: Pat Newell (USA) - 28 December 2022

- 音樂: Steal Your Heart Away Fleetwood Mac
 - 或: Blue Spanish Eyes Bouke : (16 in.)

Senior Series

This dance is part of an AB beginner series to teach seniors to dance

FORWARD AND BACK ROCKS

拍數: 32

- 1,2 3&4 Rock R fwd, back on L and RLR
- 5,6 7&8 Rock L back, fwd on R and LRL

REPEAT 1st 8

SIDE ROCK RECOVER RIGHT AND LEFT

- 1,2 3&4 Rock R to side, recover and RLR
- 5,6 7&8 Rock L to side, recover and LRL

STEP TOGETHER, TRIPLES RIGHT AND LEFT TO 1/4 LEFT 9:00

- 1-2 3&4 Step R to R, L tog and RLR
- 5,6 7&8 Step L to L, R tog turn 1/4 L and LRL 9:00

Dance for the health of it!





牆數:4