M&M Ewan (Chair Dance)



拍數: 0 牆數: 1 級數: Phrased - chair dance

編舞者: V. Allen L. Isidro (USA) - December 2022

音樂: Ewan - Apo Hiking Society



M&M Ewan (Viennese Waltz Rhythm)

(in memory of Danny Javier)

Note: Choreographed for NYE 2022 Music & Motion @ BFHQC, Philippines

Seq: AA BB CC DD

Set A:

side touches right & left feet OR Hands tapping on right & left knees

1-2-3-4 Forward R - forward L, forward R-recover L-back R

5-6-7-8 Back L - back R, back L-recover R-forward L

Repeat

Set B:

Both hands swaying right & left

1-2-3-4 Sway both hands across chest to right on 2-ct and to left on 2-ct

5-6-7-8 Sway both hands across chest to right on 2-ct and to left on 2-ct

Repeat

Set C:

Both hands on chest cross, uncross, open sway both hands inside-outside

1-2-3-4 Cross hands on chest, uncross hands touching shoulders, open sway both hands on 2-ct

5-6-7-8 Cross hands on chest, uncross hands touching shoulders, open sway both hands on 2-ct

Repeat

Set D:

Hands swimming right & left, both hands doing breast stroke

1-2-3-4 R hand from side to front, up & down, L hand from side to front, up & down

5-6-7-8 Both hands from side to front, up & down, both hands from side to front, up & down

Repeat

START ALL OVER