Ordinary World

級數: Low Intermediate

編舞者: Rosa Beltran Greentree (AUS) - January 2023

音樂: Ordinary World - Adam Lambert

Tag: 8 counts after Wall 3

Restart: On Wall 2 at 12:00 and on Wall 5 at 6:00 after 16 counts with STEP CHANGE on count "&" of "8&" in S/2.

Intro: 16 counts (start on vocals)

S/1 Basic NC (R,L), 3/8Turn to right FWD, FULL TURN to right, FWD, 1/2Turn to right FWD MAMBO

- 1 2& Step R to side, step L behind R, cross R over L
- 3 4& Step to L side, step R behind L, cross L over R
- 5 6&7 3/8 turn to right step R fwd, 1/2 turn to right step back on L, 1/2 turn to right step R fwd, step L fwd
- 8&1 Step R fwd, step L in place, 1/2 turn to right step R fwd 10:30

S/2 LOCK STEP SHUFFLE, 1/8Turn to left SIDE MAMBO, SIDE MAMBO, FWD, 1/2Turn to left

- 2&3 Step L fwd, lock R behind L, step L fwd
- 4& 5 1/8 turn to left step R to side, step L in place, step R together
- 6& 7 Step L to side, step R in place, step L together
- 8& Step R fwd, 1/2 turn to left weight on L 3:00

Restart here at 12:00 on Wall 2 and at 6:00 on Wall 5 with a STEP CHANGE on count "&" of "8&", i.e. 1/4 turn to left instead of 1/2 turn to left.

S/3 CROSS RECOVER SIDE (R, L), FWD, 11/2 Turn to left, 1/4Turn to left SIDE, BACK MAMBO

- 1 2& Cross rock R over L, L recover, step R to side
- 3 4& Cross rock L over R, R recover, step L to side
- 5&6& Step R fwd, 1/2 turn to left step L fwd, 1/2 turn to left step R together, 1/2 turn to left step L fwd

7 8&1 1/4 turn to left step R to side, step back on L, step R in place, step L fwd 6:00

Note: SUBSTITUTE steps for TURNS on counts "&6&", 1/2Turn left L fwd (&), R fwd (6), L fwd (&)

S/4 SCISSOR CROSS (R,L), FULL TURN to left, STEP SIDE sway, SIDE sway

- 2& 3 Step R to side, step L together, cross R over L,
- 4& 5 Step L to side, step R together, cross L over R
- 6& 1/2 turn to left step back on R, 1/2 turn to left step L fwd
- 7 8 Step R to right sway right, Shift weight on L sway left dragging R next to L 6:00

*Tag here at 6:00 after Wall 3

Begin dance again.

End of dance: Dance to 16 counts on Wall 8 and on counts '8&' make 1/4Turn to left on '&' then cross R over L facing 12:00.

*Tag: WALK FWD/prissy option (R,L), FWD MAMBO, WALK BACK/with sweeps (L,R), COASTER R fwd (1), L fwd (2), R fwd (3), L in place (&), R step back sweeping L front to back (4) L step back sweeping R front to back (5), R step back (6) L step back (7), R together (&), L fwd (8)

lovepeace2all

Email: Rosa Beltran Greentree - rdbeltran.g@gmail.com





拍數: 32

牆數:2

Last Update: 4 Jan 2023