I Found Joy In My Life

級數: High Beginner

編舞者: Ira Barie (INA) - December 2022 音樂: Joy - Andy Grammer

Start dancing after 16 count Please do tag 2 count only hold after wall 8

拍數: 32

I. FORWARD, KICK, BACKWARD, TOUCH, SAMBA WHISK R, SAMBA WHISK L

- Step RF forward, kick on LF, step LF backward, touch on RF backward 1-4
- 5-6& Step RF to side, step LF behind RF, recover on RF
- 7-8& Step LF to side, step RF behind LF, recover on LF

II. DOROTHY R. ¼ TURN L. LOCK SHUFFLE. DOROTHY R. ¼ TURN L. LOCK SHUFFLE

- 1-2& Step RF diagonally R forward, step LF behind RF, step RF diagonally R forward
- 3&4 1/4 turn L stepping LF forward, step RF behind LF, step LF forward (9 o'clock)
- Step RF diagonally R forward, step LF behind RF, step RF diagonally R forward 5-6&
- 7&8 ¼ turn L stepping LF forward, step RF behind LF, step LF forward (6 o'clock)

III. HIP BUMP TWICE R, HIP BUMP TWICE L, COASTER STEP, HITCH

- 1&2& Touch RF forward with hip bump R, hip bump L, hip bump R, step RF in place
- 3&4& Touch LF forward with hip bump L, hip bump R, hip bump L, step LF in place
- 5-8 Step RF forward, step LF together RF, step RF backward, hitch on LF (body angle 7.30)

IV. COASTER STEP, ¼ TURN L, HITCH, TRAVELING WALK ½ TO R

1-4 Step LF forward, step RF together LF, ¼ turn L stepping LF to side, hitch on RF (3 o'clock) 5-8 Walk ¹/₂ to R on RF-LF-RF-LF (9 o'clock)

ENJOY THE DANCE !!!

Line Dance Yuuuukkk !!!

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牆數: 4