Human (P)



拍數: 32 編數: Easy Improver - Partner

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音樂: Human - Cody Johnson



Intro: 16 counts.

Start in Sweetheart position, facing LOD.

[1-8] H: 2X (WALK FWD), SHUFFLE FWD, 2X (WALK FWD), SIDE, TOGETHER, STEP FWD [1-8] F: 2X (WALK FWD), SHUFFLE FWD, FULL TURN R, SIDE, TOGETHER, STEP FWD

1-2 H: Walk forward with LR

F: Walk forward with RL

3&4 H : Shuffle forward with LRL

F: Shuffle forward with RLR

5-6 H: Walk forward with RL

F: 1/2 turn to right and step L back, 1/2 turn to right and step R forward

*** On count 5, the man let go the lady's L hand and raise both R hands over the lady's head.

7&8 H: Step R to right side, step L together R, step R forward

F: Step L to left side, step R together L, step L forward

*** On count 7, without letting go the hands, the man raises both L hands over the lady's head.

*** On count 8, lower our hands in front of each other in Volkswagen position.

[9-16] H: STEP FWD, 1/2 TURN L, SHUFFLE BACK, 2X (1/4 TURN R), SHUFFLE FWD

[9-16] F: STEP FWD, 1/2 TURN R, SHUFFLE BACK, FULL TURN L DIAG. to R, SHUFFLE FWD in 1/2 TURN L

1-2 H: Step L forward, 1/2 turn to left and step R back (RLOD)

F: Step R forward, 1/2 turn to right and step L back (RLOD)

3&4 H: Shuffle back with GDG

F: Shuffle back with DGD

5-6 H: 1/4 turn to right and step R forward, 1/4 turn to right and step L forward (LOD)

F: 1/2 turn to left and step L forward diagonaly to right 1/2 turn to left and step R back

diagonaly to right

*** On count 5, without letting go the hands, the man raises both L hands over the lady's head.

*** On count 6, without letting go the hands, the man raises both R hands over the lady's head.

7&8 H: Shuffle forward with RLR

F: Shuffle forward in 1/2 turn to left with LRL (LOD)

*** On count 8, you are now back in Sweetheart position.

[17-24] H: STEP FWD, 1/4 TURN R, CROSS SHUFFLE, ROCK SIDE, CROSS, 1/4 TURN L, STEP FWD [17-24] F: STEP FWD, 1/4 TURN L, CROSS SHUFFLE, ROCK SIDE, CROSS, 1/4 TURN R, STEP FWD

1-2 H : Step L forward, pivot 1/4 turn to right (weight on R) (OLOD)

F: Step R forward, pivot 1/4 turn to left (weight on L) (ILOD)

*** On count 1, without letting go the hands, the man rase both R hands over the lady's head.

*** On count 2, you are now in Double Hand Cross position.

3&4 H: Cross shuffle to right with LRL

F: Cross shuffle to left with RLR

5-6 H: Rock step R to right side, recover on L

F: Rock step L to left side, recover on R

7&8 H: Cross step R behind L, 1/4 turn to left and step L forward, step R forward (LOD)

F: Cross step L behind R, 1/4 turn to right and step R forward, step L forward (LOD)

*** On count 8, you are now back in Sweetheart position.

[25-32] H: STEP FWD, 1/2 TURN L, SHUFFLE FWD in 1/2 TURN L, 2X (WALK FWD), SHUFFLE FWD

[25-32] F: 2X (STEP FWD), SHUFFLE FWD, 2X (1/2 TURN R), SHUFFLE FWD

1-2 H: Step L forward, 1/2 turn to left and step R back (RLOD)

F: Walk forward with RL

*** On count 1, the lady lets go both R hands and raises both L hands over the man's head.

3&4 H : Shuffle forward in 1/2 turn to left with LRL (LOD)

F: Shuffle forward with RLR

*** On count 4, the man with his L hand takes the lady's R hand in front the lady.

5-6 H :Walk forward with RL

F: 1/2 turn to right and step L back, 1/2 turn to right and step R forward

*** On count 5, the man lets go both L hands and raises both R hands over the lady's head.

7&8 H : Shuffle forward with RLR

F: Shuffle forward with LRL

*** On count 8, you are now back in Sweetheart position.

Restart 1: At the 4th repetition of the dance, do the first 16 counts and restart from the beginning. Restart 2: At the 8th repetition of the dance, do the first 24 counts and restart from the beginning.

ENJOY AND HAVE FUN! NANCY & GUY