

# Leave All Our Troubles Behind

**COPPERKNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Manuela Gustavsson (SWE) - January 2023  
音樂: Be Alright - Chris Kläfford



Music available on amazon and Apple music.

Intro 16 counts - dance with lyrics (11 sec into track)

Restart after 8 counts on wall 7

ENDING: Dance 12 counts of Wall 10, finish the dance facing (12:00) by dancing a R sailor step without the ¼ turn R (12:00).

**Section 1 (1-8): Dorothy step diagonal R, dorothy step diagonal L, jazz box**

1 2 &      Step RF fwd to R diagonal, lock LF behind RF, step RF fwd  
3 4 &      Step LF fwd to L diagonal, lock RF behind LF, step LF fwd  
5 6      Step RF over LF, step LF back  
7 8      Step RF to R side, step LF slightly fwd

Restart here on wall 7, facing 6:00

**Section 2 (9-16): Side rock, sailor ¼ R, step touch 2x, rock fwd**

1 2      RF to R side, recover onto LF  
3 & 4      Make a ¼ turn R and cross RF behind LF, step LF to L side, step RF fwd (3:00)  
5 & 6 &      Step LF to L diagonal, touch RF beside LF, step RF to R diagonal, touch LF beside RF  
7 8      Step LF fwd, recover onto RF

**Section 3 (17-24): Full turn L, coaster step, sway 2x, chasse R**

1 2      Make ½ turn L stepping LF fwd (9:00), make ½ L stepping RF back (3:00)  
3 & 4      Step LF back, step RF next to LF, step LF fwd  
5 6      Step RF to R and sway hips to R, sway hips to L  
7 & 8      Step RF to R side, step LF next to RF, step RF to R side

**Section 4 (25-32): Unwind full turn R, scissor step, rocking chair**

1 2      Cross LF over RF, unwind full turn R keeping weight onto RF  
3 & 4      Step LF to L side, close RF to L, cross LF over RF  
5 6      Rock RF fwd, replace weight on LF,  
7 8      rock RF back, replace weight on LF

Start again and have fun!

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