Beautiful Day

拍數: 32

級數: Beginner

編舞者: Elis Sumarah (INA) - January 2023

音樂: It's a Beautiful Day (Reprise) - The Kiffness & Rushawn

Intro: 48 - No Tag, No Restart

SECTION I. WEAVE - ROCKING CHAIR DIAGONAL

- Cross R over L, step L to side, step R behind L, step L to L side 1 - 4
- 5 8 Step R forward diagonal, recover on L, step R back, recover on L

SECTION II. JAZZ BOX - 1/4 TURN R - SIDE TOUCH

- 1 4 Cross R over L,1/4 turn R step L back, step R to side, touch L beside R (3:00)
- 5 8 Step L to side, touch R beside L, step R to side, touch L beside R

SECTION III. RUMBA BOX FORWARD - TOUCH

- Step L to side, step R beside L, step L forward, touch R beside L 1 - 4
- 5 8 Step R to side, step L beside R, step R forward, touch L beside R

SECTION IV. ROCK RECOVER - 1/2 TURN L - KICK TOUCH

- 1 4 Step L forward, recover on R, 1/2 turn L step L forward, touch R beside L(9:00)
- 5 8 kick R diagonal, touch R beside L, kick R diagonal, touch R beside L

Happy Dancing and enjoy

Contact : elis.kriwil@gmail.com





牆數: 4