

# Message in a Bottle (aka Emma's Dance)

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Phrased Improver  
編舞者: Jessica Louise (USA) - January 2023  
音樂: Message In A Bottle (Taylor's Version) (From The Vault) - Taylor Swift



**Introduction: 8 count introduction**

**Sequence: AA, BB, AA, BB, AA, BB, A**

**Tag – Wall 5 (12:00), Wall 10 (9:00) after 28 cts RESTART facing (6:00)**

**Part A: Starts facing 12:00 & 9:00**

**Section 1: Walk forward, point toes side**

1-4                  Walk forward R, L, R, L

5-8                  Point R toe to side, step R back in place, Point L toe to side, step L back in place

**Section 2: Walk backward, point toes side**

9-12                Walk back R,L,R,L

13-16              Point R toe to side, step R back in place, Point L toe to side, step L back in place

**(Wall 5: 4ct Tag – Rocking Chair - Rock forward right, recover, Rock back right, recover)**

**Section 3: Shuffle forward, ½ turn Right, Shuffle forward ½ turn Left**

17&18              Step Right Forward, Close Left Next to Right, Step Forward on Right,

19-20              Step L, Pivot ½ Right

21&22              Step Left Forward, Close Right Next to Left, Step Forward on Left

23-24              Step R, Pivot ½ Left

**Section 4: Step Sway R, Step Sway L, Vine Right ¼ Left**

25-26              \*Step R side sway & touch left toe

27-28              \*Step L side sway & touch right toe

29-32              R Step side, cross L behind, R Step side, turn ¼ step L

**(Repeat cts 1-32 facing 9:00)**

**\*Wall 10: ¼ turn Left - Part B**

**PART B: Starts facing 6:00 & 3:00**

**Section 1: Chasse R, Rock Back, Recover, Chasse L, Rock Back, Recover**

1&2                  Step R to R side, step L next to R (&), step R to R side

3-4                  Rock L behind R, recover on R

5&6                  Step L to L side, step R next to L (&), step L to L side

7-8                  Rock R behind L, recover on L

**Section 2: V Step, Step Forward clap, Step Back clap**

9-10                Step R to R forward diagonal, Step L to L forward diagonal

11-12              Step R center, Step L next to R

13-14              Step R diagonal forward & clap

15-16              Step L diagonal back & clap

**Section 3: Chasse R, Rock Back, Chasse L, Rock Back**

17&18              Step R to R side, step L next to R (&), step R to R side

19-20              Rock L behind R, recover on R

21&22              Step L to L side, step R next to L (&), step L to L side

23-24              Rock R behind L, recover on L

**Section 4: V Step, Step Forward clap, ¼ L Step Back clap**

25-26 Step R to R forward diagonal, Step L to L forward diagonal

27-28 Step R center, Step L next to R

29-30 Step R diagonal forward & clap

31-32 Turn ¼ Left, Step L diagonal back & clap

**(Repeat cts 1-32 facing 3:00 Wall)**

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