Yesterday, When I Was Young

拍數: 32   **牆數:** 4   **級數:** Improver

編舞者: Ayu Permana (INA) - January 2023

音樂: Yesterday When I Was Young - Dusty Springfield

The dance starts when the singer says the word "... day when... " (approx. after 18 sec.)

No Tag - No Restart

SECTION 1. BACK ROCK - FORWARD - FORWARD LOCK STEP - FORWARD ROCK - BACK LOCK STEP (12.00)

1-2-3	Step rock R backward - Recover on L - Step R forward
4&5	Step L forward - Step R behind L - Step L forward
6-7	Step rock R forward - Recover on L
8&1	Step R backward - Step L across R - Step R backward

SECTION 2. (2X) 1/4 TURN - SAILOR STEP - CROSS ROCK - RIGHT CHASSE (06.00)

2-3	Turn 1/4 left, step L forward (9.00) - Turn 1/4 left, step R to side (6.00)
4&5	Sweep and step L behind R - Step R to side - Step L to side
6-7	Cross rock R over L - Recover on L
8&1	Step R to side - Step L close to R - Step R to side

SECTION 3. CROSS - 1/4 TURN - COASTER STEP - FORWARD - FULL SPIRAL TURN (09.00)

2-3	Cross L over R - Turn 1/4 left, stepping back on R (9.00)
4&5	Step L backward - Step R next to L - Step L forward
6-7-8	Step R forward - Step L forward - Make full spiral turn, keep weight on L

SECTION 4. FORWARD - SIDE - (LEFT & RIGHT) CROSS & SIDE ROCK (09.00)

1-2	Step R forward - Step L to side
3-4-5	Cross R over L - Step rock L to side - Recover on R
6-7-8	Cross L over R - Step rock R to side - Recover on L

REPEAT

Enjoy & happy dancing
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