Fiddle and Bow



拍數: 32 牆數: 4 級數: Beginner

編舞者: Liz Atkinson (USA) - January 2023

音樂: Louisiana Saturday Night - Cajun Kickers



#16 count introduction NO Tags/NO Restarts

S1: KICK-BALL-CROSS	. CHASSE' R.	. KICK-BALL-CROSS	. CHASSE' L
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1 & 2	[1] Kick RF fwd, [&] step ball of RF beside LF, [2] step LF over RF
3 & 4	[3] Step RF to R side, [&] step LF beside RF, [4] step RF to R side
5 & 6	[5] Kick LF fwd, [&] step ball of LF beside RF, [6] step RF over LF
7 & 8	[7] Step LF to L side, [&] step RF beside LF, [8] step LF to L side (12:00)

S2: CROSS MAMBO, CROSS MAMBO, JAZZ BOX 1/4R

1 & 2	[1] Rock onto RF over LF, [&] recover LF, [2] step RF beside LF
3 & 4	[3] Rock onto LF over RF, [&] recover RF, [4] step LF beside RF
5, 6	[5] Step RF over LF, [6] step LF back

7, 8 [7] 1/4R step RF to R side (3:00), [8] step RF fwd (3:00)

S3: SHUFFLE FWD*, SHUFFLE FWD*, RUMBA BOX

1 & 2	[1] Step RF fwd, [&] step LF beside RF, [2] step RF fwd
3 & 4	[3] Step LF fwd, [&] step RF beside LF, [4] step LF fwd

*Optional 1&2, 3&4 Step, lock, step

5 & 6	[5] Step RF to R side, [&] step LF beside RF, [6] step RF fwd
7 & 8	[7] Step LF to L side, [&] step RF beside LF, [8] step LF back (3:00)

S4: SHUFFLE BACK, SHUFFLE BACK, REVERSE ROCKING CHAIR, TOUCH (CLAP-CLAP)

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1 & 2	[1] Step RF back, [&] step LF beside RF, [2] step RF back
3 & 4	[3] Step LF back, [&] step RF beside LF, [4] step LF back
5 & 6 &	[5] Rock back onto RF, [&] recover LF, [6] rock fwd onto RF, [&] recover LF
7 & 8	[7] Touch RF beside LF, [&] clap, [8] clap (3:00)

ENDING: On 6th sequence (3:00), dance first 3 sections & begin rumba box (6:00), to finish run x3 to front:

5 & 6	Step RF to R side, step LF beside RF, step RF fwd
7 & 8	Run LF-RF-LF turning making ½ turn L to 12:00 (ta-da!)

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