

# Ol' Church Hymn (You Soothe My Soul) COPPER KNOB STEPSHETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Susan Doyle (USA) - February 2023  
音樂: Ol' Church Hymn (feat. Chapel Hart) - Darius Rucker



**\*8 Count Intro, start with vocals**

## **Section 1: [1-8] WALK FORWARD, STEP-LOCK-STEP, ¼ TURN RIGHT HIP SWAYS L & R, WEAVE RIGHT**

- 1 – 2      Walk forward R, L
- 3 & 4      Step forward on R @ diagonal, Step/slide L behind R, Step forward on R
- 5 – 6      Step L ¼ turn right swaying hips L, R
- 7 & 8      Step L behind R, Step R to right, Cross L over R

**Restart #1 here: Begin wall 3, restart after 8 counts (9:00)**

## **Section 2: [9-16] RIGHT SIDE TOGETHER FORWARD, LEFT SIDE TOGETHER FORWARD, ½ TURN LEFT FORWARD POINT, FORWARD POINT**

- 1 & 2      Step R to right, Step L beside R, Step R forward
- 3 & 4      Step L to left, Step R beside L, Step L forward
- 5 – 6      Step R forward making ½ turn pivot left (ensure weight is on R), Tap L toe forward
- 7 – 8      Step L forward, Open shoulders to L diagonal as you point R forward

**Restart #2 here: Begin wall 6 (3:00), restart after 16 counts (12:00)**

## **Section 3: [17-24] SAILOR STEP ¼ TURN LEFT, RIGHT CROSS SAMBA, LEFT CROSS SAMBA ¼ TURN LEFT, MAMBO STEP BACK**

- & 1 & 2      Recover weight on R, Sweep L behind R making ¼ turn left, Step R to right, Step L to left
- 3 & 4      Cross R over L, Rock L to left side, Recover onto R
- 5 & 6      Cross L over R, Step R to right side making ¼ turn left, Recover onto L
- 7 & 8      Rock R forward, Recover weight on L, Step back on R

## **Section 4: [25-32] WALK BACK L, R, WITH TOE FANS, COASTER STEP, WEAVE RIGHT TO LEFT**

- 1 – 2      Step back on L fanning R toes to right side keeping R heel on the floor, Step Back on R fanning L toes to left side keeping L heel on the floor
- 3 & 4      Step back on L, Step R back next to L, Step L forward
- 5 & 6 &      Step R to right, Step L behind R, Step R to right side, Step L to left side
- 7 & 8      Step R behind L, Step L to left side, touch R toe next to L

**Restart #1: Begin wall 3 (6:00), restart after 8 counts (9:00)**

**Restart #2: Begin wall 6 (3:00), restart after 16 counts (12:00)**