

# Time Is Everything

拍數: 64      牆數: 2      級數: Intermediate  
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音樂: Everything You Need - Skerryvore



Intro: 32 counts

## SECTION 1: Heel grind $\frac{1}{4}$ turn, coaster step, rock forward, recover, shuffle $\frac{3}{4}$ turn.

1-2            Rock fwd R heel twisting R toe from L to R making  $\frac{1}{4}$  turn R, recover weight to L (3:00)  
3&4           Step back R, step L beside R, step fwd R  
5-6           Rock fwd L, recover weight to R  
7&8           Turn  $\frac{1}{2}$  L stepping L fwd, step R beside L, turn  $\frac{1}{4}$  L stepping L fwd (6:00)

## SECTION 2: Side rock, recover, cross shuffle X2

1-2            Rock R to R side, recover weight to L  
3&4           Step R across L, step L to L side, step R across L  
5-6           Rock L to L side, recover weight to R  
7&8           Step L across R, step R to R side, step L across R

## SECTION 3: Kick ball-cross X2, side rock, recover, behind and step forward

1&2           Kick R to R diagonal, step on ball of R beside L, step L across R  
3&4           Kick R to R diagonal, step on ball of R beside L, step L across R  
5-6           Rock R to R side, recover weight to L  
7&8           Step R behind L, step L to L side, step R fwd

## SECTION 4: Shuffle $\frac{1}{2}$ turn, shuffle $\frac{1}{4}$ turn, syncopated jazz box

1&2           Turn  $\frac{1}{4}$  R stepping L to side, step R beside L, turn  $\frac{1}{4}$  R stepping L back  
3&4           Turn  $\frac{1}{4}$  R stepping R to R side, step L beside R, step R to R side (3:00)  
5-6           Step L across R, step back R  
&7-8          Step on ball of L beside R step R across L, step L to L Side

## SECTION 5: Kick and point X2, cross rock, recover, side rock, recover

1&2           Kick R fwd, step R beside L, point L to L side  
3&4           Kick L fwd, step L beside R, point R to R side  
5-6           Rock R across L, recover weight to L  
7-8           Rock R to R side, recover weight to L

## SECTION 6: Cross shuffle, $\frac{1}{2}$ hinge turn, cross, side, sailor heel

1&2           Step R across L, step L to L side, step R across L  
3-4           Turn  $\frac{1}{4}$  R stepping back L, turn  $\frac{1}{4}$  R stepping R to R side  
5-6           Step L across R, step R to R side  
7&8           Step L behind R, step R to R side, tap L heel to L diagonal (9:00)

## SECTION 7: Step, cross shuffle, turn, cross shuffle, 4X boogie walks

&1&2          Step L beside R, step R across L, step L beside R, step R across L  
3&4           Turn  $\frac{1}{2}$  L keeping weight on R stepping L across R, step R beside L, step L across R (3:00)  
5-6           Turn  $\frac{1}{4}$  R on ball of R foot, towards diagonal, step fwd on L squaring to 6:00  
7-8           Step on ball of R, swivelling to diagonal, step fwd on L squaring to 6:00

## SECTION 8: Side, behind, and heel, and cross X2

1-2            Step R to R side, step L behind R  
&3&4          Step R beside L, tap L heel to L diagonal, step L beside R, step R across L

5-6 Step L to L side, step R behind L  
&7&8 Step L beside R, tap R heel to R diagonal, step R beside L, step L across R

**TAG: There is one tag, danced three times, once at the end of wall 2, and twice at the end of wall 5**

**SECTION 1: Heel and touch X2, toe switches to side X2, heel switches to front X2**

1&2 Tap R heel fwd, step R beside L, tap ball of L beside R  
3&4 Tap L heel fwd, step L beside R, tap ball of R beside L  
5&6& Point R to R side, step R beside L, point L to L side, step L beside R  
7&8 Tap R heel fwd, step R beside L, Tap L heel forward

**SECTION 2: Ball, rock forward, recover, shuffle ½ turn, rock, recover, coaster step**

&1-2 Step L beside R, rock fwd on R, recover weight to L  
3&4 Turn ¼ R stepping R to side, step L beside R, turn ¼ R stepping R fwd.  
5-6 Rock forward L, recover weight to R  
7&8 Step back L, step R beside L, step forward L

**SECTIONS 3&4: Repeat first 2 sections.**

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