

# For Better Days

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Easy Improver  
編舞者: W.L.D. (KOR) - February 2023  
音樂: Better Days - NEIKED, Mae Muller & Polo G



Restart during wall 4

## Section 1 - Hip roll with bump \* 2, side, behind, side, cross, side

1 2      step R to right while rolling hips from L to R, hip bump to L  
3 4      step L down rolling hips from R to L, hip bump to R  
5&6&7&8      step R to right, behind, side, cross, side

## Section 2 - Touch fwd, point side, coaster step, kickball change, pivot 1/4 L

1 2      touch L fwd, point L to side  
3&4      step L back, step R next to L, step L fwd  
5&6      kick R fwd, ball R next to L, step L slightly fwd  
7 8      step R fwd, turn 1/4 L (9:00)

## Section 3 - Dorothy step R L, fwd rock, back, touch fwd

1 2&      step R fwd to R diag., lock L behind R, step R fwd  
3 4&      step L fwd to L diag., lock R behind L, step L fwd  
5&6&7&8      rock R fwd, recover on L, step R back, touch L fwd, hold

## Section 4 - Sway fwd/back/fwd/back, cross samba, step fwd, pivot 1/2 L

1234      sway fwd, sway back, sway fwd, sway back  
5&6      cross L over R, step R to side, step L to side  
7 8      Step R fwd, turn 1/2 L (3:00)

\*\*\* Restart

During wall 4

Dance up to 16 count

Wall 5 starts facing 6:00

Last Update: 7 Feb 2023