Brady's Boy

拍數: 64

級數: Improver

編舞者: Debbie Straw (UK) - February 2023

音樂: Country As a Boy Can Be - Brady Seals

#12 count intro, start on lyrics (i.e. after 8 counts call 5,6,7,8)

SHOOP SHOOP TO RIGHT, HOLD, SHOOP SHOOP TO LEFT, HOLD

- 1-4 Step diagonally forward to R on R, close L, step diagonally forward to R on R, hold
- 5-8 Step diagonally forward to L on L, close R, step diagonally forward to L on L, hold

4 SIDE TOUCHES TURNING ½ LEFT

- 1-4 Step R to R side, touch L beside R, step ¼ L on L, touch R beside L
- 5-8 Step R to R side, touch L beside R, step ¼ L on L, touch R beside L

SIDE TWISTS TO RIGHT AND LEFT WITH HOLDS (OPTIONAL CLAPS)

- 1-4 Twist both heels to R, twist both toes to R, twist both heels to R, hold and clap
- 5-8 Twist both heels to L, twist both toes to L, twist both heels to L, hold and clap

1/4 MONTEREY TO RIGHT, JAZZ BOX

Point R to R side, bring R foot in beside L while turning ¼ R, point L to L, close L beside R
Cross R over L, step back on L, step R to R side, close L beside R

VINE ¼ RIGHT, VINE ¼ LEFT

- 1-4 Step R to R side, cross L behind R, step R foot ¼ R, touch L beside R
- 5-8 Step L to L side, cross R behind L, step L foot ¼ L, touch R beside L

(K STEP) FORWARD TOUCH, BACK TOUCH, BACK TOUCH, FORWARD TOUCH

- 1-4 Step R diagonally forward R, touch L beside R, step L diagonally back, touch R beside L
- 5-8 Step R diagonally back R, touch L beside R, step L diagonally forward L, touch R beside L

HEEL HOOK, HEEL CLOSE ON RIGHT FOOT, HEEL HOOK, HEEL CLOSE ON LEFT FOOT

- 1-4 Tap R heel forward, hook R foot across L, tap R heel forward, close R beside L
- 5-8 Tap L heel forward, hook L foot across R, tap L heel forward, close L beside R

SCISSOR STEP, HOLD, ¼, ¼ CROSS, HOLD

- 1-4 Step R to R side, close L beside R, cross R over L, hold
- 5-8 Turn ¼ R stepping back on L, turn ¼ R stepping to R on R foot, cross L over R, hold

No tags or Restarts

Note: The first 32 counts can be danced as a stand alone beginner dance.

The second 32 counts can be added on to make it an improver dance which also makes it a good floor split option for mixed abilities.





牆數:4