A Little Vibe



拍數: 32 牆數: 4 級數: Beginner

編舞者: Carol Cotherman (USA) - February 2023

音樂: Vibe - Mullally



This dance was choreographed by request for a beginner dance to be used as a floor split with Tim Johnson's intermediate dance, The Vibe. I tried to create a very basic dance that, with some added styling, compliments the music. Sorry, but you just need the three Tags!

#32-count intro. 8-Count Tag on Walls 1, 3, & 6. (3:00, 9:00, 6:00)

Walk, Walk, Walk, Touch, Back, Back, Touch

- 1-2 Step right forward, step left forward
- 3-4 Step right forward, touch left toe forward
- 5-6 Step left back, step right back,7-8 Step left back, touch right back

Step, Touch, Back, Touch, 1/4 Jazz Box Cross

1-2	Step right forward.	touch left forward	slightly in front of r	iaht
1-2	SIED HUHL IDIWALU.	LUUCH IEH IUIWAIU	SHUTHIN HI HOTH OF I	IUIII

3-4 Step left back, touch right back slightly behind left

5-6 Step right over left, step left back beginning 1/4 turn right

7-8 Finish ¼ turn right stepping right to side, step left over right (3:00)

Rock with a Sway, Recover with a Sway, Triple Step, Rock with a Sway, Recover with a Sway, Triple Step

1-2	Sten/Rock right to si	de swaving hins	recover to left swaving hips
1-2	SIED/INDUK HUHI ID SI	ue swaviilu ilibs.	TECOVEL TO TELL SWAVILID HIDS

3&4 Step right in place, step left in place, step right in place

5-6 Step/Rock left to side swaying hips, recover to right swaying hips

7&8 Step left in place, step right in place, step left in place *Add hip movement when you triple in place on counts 19&20 and 23&24.

Rock, Recover, Shuffle Back, Rock, Recover, Shuffle Forward

1-2 Rock right forward, recover to left

3&4 Step right back, step left by right, step right back

5-6 Rock left back, recover to right

7&8 Step left forward, step right by left, step left forward

Repeat and Enjoy the Music!

*Turning option for counts 25-32:

Step, ½ Pivot, ½ Turning Triple, Rock, Recover, Shuffle Forward

1-2 Step right forward, pivot ½ left taking weight to left

3&4 ½ Turn left stepping right, left, right5-6 Rock left back, recover to right

7&8 Step left forward, step right by left, step left forward

Tag on Walls 1, 3, & 6:

Cross, Hold, Cross, Hold, Jazz Box

1-2	Cross/Step right over left, hold
3-4	Cross/Step left over right, hold
5-6	Step right over left, step left back

7-8 Step right in place, step left slightly forward

^{*}Add styling to your forward walks... maybe some shoulder movement... slightly prissy perhaps!

