Chaiyya Chaiyya 2023



拍數: 96 牆數: 2 級數: Phrased Improver 編舞者: Drg. Rochmani Indrati (INA) & Maya Sofia (INA) - February 2023

音樂: Chaiyya Chaiyya - Sukhwinder Singh & Sapna Awasthi: (From "Dil Se")



Intro: Start dance on vocal "Chaiyya Chaiyya ... "

Dance Sequence: A A TAG A B A A PART A (32 COUNT)

S1: CHASSE - HIP BUMPS - CROSS OVER - SIDE TOUCH

1&2, 3&4 Step R to side, Step L together,

Cross L Over R, Touch R Toe To Side With Shimmy Shoulder, Cross R Over L, Touch L Toe 5-8

To Side With Shimmy Shoulder

S2: HIP BUMPS - TOGETHER - IN PLACE

1 & 2, 3-4 Touch L Toe To Side And Bump Hips To L-R-L (Weight Ending L), Step R Together, Step L In Place

5 & 6, 7-8 Touch R Toe To Side And Bump Hips To R-L-R (Weight Ending On R), Step L Together,

Step R In Place

S3: PUDDLE TURN - TOGETHER - HIPS ROLL

Turn 1/4 To Right And Touch L Toe To Side, Turn 1/8 To Right And Touch L Toe To Side, 1 - 4

Turn 1/8 To Right And Touch L Toe To Side (6:00), Step L Together

Touch R To Side And Roll Hips (For 2 Counts), Bend Both Knees, Hold 5 - 8

S4: V STEP - SWAY

Step R Diagonally Forward R, Step L Diagonally Forward L, Step R To Center, Step L 1 - 4

Together

5 - 8 Step R To Side And Sway, Sway L-R-L (6:00)

PART B (64 COUNT)

S1:BEND KNEE-HOLD-TURN 1/2

1 - 4 Step R To Side And Bend R Knee, Hold, Step L To Side And Bend L Knee, Hold

5 - 8 Turn 1/4 To Left And Step R Together, Step L In Place, Turn 1/4 To Left And Step R

Together, Step L In Place (6:00)

S2: FORWARD - TOGETHER - SHIMMY HIPS - BACK AND SWEEP - SHIMMY HIPS

1 - 4 Step R Forward, Step L Together, Shimmy Hips (2 Counts)

Step R Back And Sweep L From Front To Back, Step L Back And Sweep R From Front To 5 - 8

Side, Step R Together And Shimmy Hips (2 Count)

S3: ROLLING VINE - SHIMMY HIPS

1-4 Turn 1/4 To Left Step L Forward, Turn 1/2 To Left Step R Back, Turn 1/4 To Left To Side And

Shimmy Hips (2 Count)

Turn 1/4 To Right Step R Forward, Turn 1/2 To Right Step L Back, Turn 1/4 To Right Step R 5-8

To Side And Shimmy Hips (2 Count)

S4: SYNCOPATED CHASSE-HOLD

Step R To Side, Step L Together, Step R To Side, Step L Together, Step R To Side, Step L 1&a2&a3&a4

Together, Step R To Side, Step L Together, Step R To Side, Step L Together

5 - 8Step R To Side, Hold

S5: SYNCOPATED CHASSE - HOLD

1&a2&a3&a4 Step L To Side, Step R Together, Step L To Side, Step R Together, Step L To Side, Step R

Together, Step L To Side, Step R Together, Step L To Side, Step R Together

S6: SYNCOPATED CHASSE-HIPS ROLL

1&a2&a3&a4 Step R To Side, Step L Together, Step R To Side, Step L Together

5 - 8 Step R To Side And Roll Hips Twice

S7: SYNCOPATED CHASSE - HIPS ROLL

1&a2&a3&a4 Step L To Side, Step R Together, Step L To Side, Step R Together, Step L To Side, Step R Together, Step L To Side, Step R Together

5 - 8 Step L To Side And Roll Hips Twice

S8:TOUCH FORWARD-ROLL SHOULDER

1 - 2, 3 & 4 Touch R Toe Forward And Roll Shoulders From Back To Front Twice, Up Right Shoulder, Up Left Shoulder, Up R Shoulder

5 - 6, 7 & 8 REPEAT 1 - 4

TAG

1 - 2, 3 & 4 Step R To Side And Bend R Knee, Recover On The Middle, Up L Shoulder, Up L Shoulder, Up L Shoulder