Gonna Groove Tonight



拍數: 32 牆數: 4 級數: Beginner / Improver

編舞者: Marie Pietersz (AUS) & Wanda Heldt (AUS) - January 2023

音樂: Let's Groove - CDB



*1 Wall - AB beginner line dance OR 4 Wall - Improver Line dance

Alternate Music: any music with similar beat (Fireball and Levantando Las Manos excellent choices) (Knew these band members and their families when they were young 'uns:-)

Start at vocals

AB – 1 WALL OPTION

S1: Walk forward RLR point L to side, walk back LRL point R to side

1-4 Walk forward R, L, R, point L to L side5-8 Walk back L, R, L, point R to R side

S2: Step forward point L, step forward, point R, R jazz box with grind

9-12 Step forward with R, point L to L side, step forward with L, point R to R side

13-16 Cross R over L with R heel grind, recover on L, turn ¼ R stepping on R, step L next to R

(3.00)

(add funk by shimmying when you do these steps)

S3: Vine to the R, 1/4 turn R and vine to the L

17-20 Step R to R side, step L behind R, 1/4 turn R to R side, touch L next to R (6.00)

21-24 Step L to L side, step R behind L, step L to L side, touch R next to L

S4: Two ¼ Monterey turns to the R

Point R to R, step R next to L while turning ¼ R, point L to L, step L next to R (9.00)
Point R to R, step R next to L while turning ¼ R, point L to L, step L next to R (12.00)

IMPROVER - 4 WALL OPTION

S3 Vine to the R with 1/2 turn L Hitch, vine to the L

17-20 Step R to R side, step L behind R, 1/2 turn R to R side, L Hitch (9.00) 21-24 Step L to L side, step R behind L, step L to L side, touch R next to L

S4 R Kick ball, Touch, L Kick touch, Rock, Recover, Back, Recover (Rocking Chair)

25&26 Kick R to forward, step on Ball of R, Point L toe to L side 27&28 Kick L toe forward, step on ball of R, Point R toe to R side

29-32 Rock forward on R, recover L slight off the floor, Rock back on R and lean back, touch L next

to R (or 2 x L half turn pivots for extra fun challenge)

REPEAT AND ENJOY

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