

# It's a Trustfall

拍數: 32      牆數: 4      級數: High Beginner / Improver  
編舞者: Claudia Arndt (DE) - February 2023  
音樂: TRUSTFALL - P!nk



## S1: Shuffle back, rock back, kick-ball-cross, side, touch

1&2      Step backwards with right - Move LF to the right and step backwards with right  
3-4      Step backwards with right - Weight back on the LF  
5&6      LF to the left in front - Bring LF to the right and cross RF over left  
7-8      Step left with left - RF next to left tap

## S2: Side, close, ¼ turn r/shuffle forward, step, pivot ¼ r, shuffle across

1-2      Step to the right with right - beside LF to RF  
3&4      1/4 turn to the right and step forward with rights - beside LF to RF and step forward with right (3 o'clock)  
5-6      Step forward with left - 1/4 rotation right on both balls, weight at the end right (6 o'clock)  
7&8      Cross LF far above RF - Small step to the right with right and LF cross far above RF

## S3: Side, hold & side, touch, rolling vine l,touch

1-2      Step Right with Right - Hold  
&3-4      Move LF to the RF and step to the right with the right - Tap LF next to RF tap  
5-8      3 steps to the left, making a full turn to the left (l - r - l) - tap RF next to LF

## S4: Side, hold & side, touch, vine l turning ¼ l,touch

1-2      Step to the right with right - Hold  
&3-4      Move LF to right and tap right with right - tap LF next to RF  
5-6      Step left with left - cross RF behind left  
7-8      1/4 turn left and step forward with left - tap RF next to LF (3 o'clock)

## Repetition to the end

### Tag (after the end of the 5th round - 3 o'clock)

#### Rocking chair, step, pivot ¼ l 2x

1-2      Step forward with right - weight back on the LF  
3-4      Step backwards with right - weight back on the LF  
5-6      Step forward with right - 1/4 turn left on both balls, weight at the end left (12 o'clock)  
7-8      Same as 5-6 (9 o'clock)

Last Update: 22 Feb 2023