

# Rhythm In My Soul

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Frank Heelan (IRE) - February 2023  
音樂: Gotta Lot of Rhythm in My Soul - Niamh Lynn



## Sec 1 - Charleston step right, side together, coaster step.

1-2      Touch right forward, step right behind.  
3-4      Touch left behind, step forward left.  
5-6      Step right to right, step left together.  
7&8      Step back right, left together, forward right. (12.00)

## Sec 2 - Charleston step left, side together, shuffle forward.

1-2      Touch left forward, step left behind.  
3-4      Touch right behind, step forward right.  
5-6      Step left to left, step right together.  
7&8      Step forward left, right together, forward left.

## Sec 3 - Rock recover, shuffle ½ turn, cross & heel & cross & heel.

1-2      Rock forward on right, recover to left.  
3&4      Turn ¼, right step right to right, left together, turn ¼ right step forward right.(6.00)  
5&6&      Cross left over right, step right to right, dig left heel to left diagonal, step down on left.  
7&8      Cross right over left, step left to left, dig right heel to right diagonal.

## Sec 4 - & cross side, sailor ¼ turn, pivot ¼ , pivot ¼ .

&1-2      Step down on right, cross left over right, step right to right.  
3&4      Turn ¼ left sweeping left behind right, step right to right, step left to left. (3.00)  
5-6      Step forward right pivot ¼ left. (12.00)  
7-8      Step forward right pivot ¼ left. (9.00)

Restart after 16 counts of wall 8 facing 3.00

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