

If I Fall

拍數: 32 牆數: 2 級數: Intermediate
編舞者: José Miguel Belloque Vane (NL) - January 2023
音樂: Let Me Down Easy - Billy Currington



Intro: 16 Counts, Start at approx 15 secs

SEC 1: Side Lunge, Full Rolling Vine, 1/8 Step, Together, Drop, Back Rock, 1/8 Hitch, Cross, 1/2 Hinge

1 Lunge right to right
2&3 Turn 1/4 left step left forward, turn 1/2 left step right back, turn 1/4 left step left to left (12:00)
4& Turn 1/8 left step right forward, step left beside right (10:30)

Arms Reach right arm forward, reach left arms forward

***Restart: Here on Wall 3, turn 1/8 right as you lunge right to right to restart**

5 Bend both knees collapsing body (10:30)

Arms Pull both arms back

6-7 Rock left back, turn 1/8 right recover weight onto right hitching left knee (12:00)
8&1 Cross left over right, turn 1/4 left step right back, turn 1/4 left step left to left (6:00)

SEC 2: Cross Rock, Side, Jazz Box, 1/8 Rock, Step Forward, 1/2 Back, 1/8 Side, Cross, Sweep

2&3 Cross rock right over left, recover weight onto left, step right to right
&4& Cross left over right, step right back, step left to left

***Restart Here on Wall 6**

5-6 Turn 1/8 left rock right forward, recover weight onto left (4:30)
7-8 Step right forward, turn 1/2 right step left back (10:30)
&1 Turn 1/8 right step right to right, cross left over right sweeping right from back to front (12:00)

SEC 3: Weave, Sweep, Weave, Run Run 1/2 Fallaway Diamond

2&3 Cross right over left, step left to left, step right behind left sweeping left from back to front
4&5 Step left behind right, step right to right, turn 1/8 right step left forward (1:30)
6& Step right forward, step left forward
7 Turn 1/8 left step right to right (12:00)
8&1 Turn 1/8 left step left back, step right back, turn 1/4 left step left forward (7:30)

SEC 4: 1/8 Side Rock Cross, Side Rock Cross, 3/4 Reverse Turn, Step, 1/2 Pivot, Step, 1/2 Pivot, Step, 1/4 Cross

&2& Turn 1/8 left rock right to right, recover weight onto left, cross right over left
3&4 Rock left to left, recover weight onto right, cross left over right (6:00)
&5 Turn 1/4 left step right back, turn 1/2 left step left forward (9:00)
&6 Step right forward, pivot 1/2 left transferring weight onto left (3:00)
&7 Step right forward, pivot 1/2 left transferring weight onto left (9:00)
8& Step right forward, turn 1/4 left cross left over right (6:00)

Ending After 2 counts of Wall 9, turn 1/4 left step right beside left