

Rumba Latina

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Lina Vian (INA) & Katarina Sherrina (INA) - March 2023
音樂: Rumba - Belle Perez



TAG (4C) - After Wall 7

1-4 Step RF to R swaying to R - hold, Sway to L - hold

S1. MODIFIED RUMBA CHA

1-2. Step RF to R, Close LF beside RF
3&4. Step RF forward, Lock LF behind RF, Step RF forward
5-6. Step LF to L, Close RF next to LF
7&8. Step LF forward, Lock RF behind LF, Step LF forward

S2. TURN ½L. PIVOT, KICK BALL STEP, SIDE MAMBO (R/L)

1-2. Step RF forward, Turn ½L. Body Weight on the LF
3&4. Kick RF forward, Step RF next to LF, Step LF in place
5&6. Rock RF to R, Recover on LF, Close RF next to LF
7&8. Rock LF to L, Recover on RF, Close LF next to RF

S3. CROSS ROCK - RECOVER - CHASSE (R/L)

1-2. Rock cross RF over LF, Recover on LF
3&4. Step RF to R, Close LF next to RF, Step RF to R
5-6. Rock cross LF over RF, Recover on RF
7&8. Step LF to L, Close RF next to LF, Step LF to L

S4. TURN ¼L. PADDLE (2X), ¼R. JAZZ BOX

1-4. Step RF forward - Turn ¼L. Body weight on the LF with hips roll (2X)
5-8 Cross RF over LF, Turn ¼R. Step LF bwd, Step RF to R, Step LF forward

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Last Update: 7 Mar 2023