Jayalah Negeriku



拍數: 32 編數: 2 級數: Beginner

編舞者: Budi Satrio (INA), Evry A. Dwiarsi (INA) & Ria Lolong (INA) - March 2023

音樂: Puspa Warni - Vina Panduwinata



Intro Music 16 Counts

Intro Dance (32 counts)

S1 [1-8] SMALL BOUNCE IN PLACE 8X

1-4 Small bounce in place 4X

Styling: Stretch both hands straight forward & move your 8 fingers only without 2 thumbs. Sway your shoulders & both hands slightly right.

5-8 Small bounce in place 4X

Styling: Stretch both hands straight forward & move your 8 fingers only without 2 thumbs. Sway your shoulders & both hands slightly left.

S2 [9-16] Repeat S1

S3 [17-24] Repeat S1

S4 [25-32] Repeat S1

Note: For this 32 counts intro dance you can bounce in place while moving your hands, or you can make your own formation as long as you keep the original arm styling.

Main Dance (32 counts)

S1 [1-8] BIG STEP R, DRAG, BEHIND, RECOVER, BIG STEP L, DRAG, BEHIND, RECOVER

1-2	Big Step RF to R side, Drag LF towards RF
3-4	Step LF slightly behind RF, Recover onto RF
5-6	Big Step LF to L side, Drag RF towards LF
7-8	Step RF slightly behind LF Recover onto LF

S2 [9-16] WALK 34 RIGHT, V STEP

1-4 Walk R-L-R-L turning 3/4 R (9:00)

5-6 Step RF diag fwd to R, Step LF diag fwd to L

7-8 Step RF back to center, Step LF back to center (9:00)

S3 [17-24] FWD ROCK, RECOVER, ½ TURN R SHUFFLE FWD, ¼ PIVOT R, CROSS SHUFFLE

1-2 Rock RF fwd, Recover onto LF

3&4 Turn ¼ R step RF to side (6:00), Step LF beside RF, Turn ¼ R step RF fwd (3:00)

5-6 Step LF fwd, Turn ¼ R move body weight to RF (6:00) 7&8 Cross LF over RF, Step RF to side, Cross LF over RF

S4 [25-32] WEAVE R WITH SIDE TOUCH, ROLLING VINE L WITH TOUCH

1-2 Step RF to R side, Step LF behind RF (6:00)

3-4 Step RF to R side, Touch LF to L side

Turn ¼ L step LF fwd (3:00), Turn ½ L step RF back (9:00)
Turn ¼ L Step LF to L side (6:00) Touch RF beside LF

Easy option (counts 5-8) for absolute beginners:

Step LF to side, RF behind LF, LF to side, Touch RF beside LF

BEGIN AGAIN!

☆ TAG (32 counts) After wall 4 facing 12:00

S1 [1-8] SIDE-TOGETHER-SIDE-TOUCH R, SIDE-TOGETHER-SIDE L, 1/4 TURN L TOUCH

1-4 RF to side, LF beside RF, RF to side, Touch LF beside RF (12:00)
5-8 LF to side, RF beside LF, LF to side, ½ Turn L Touch RF beside LF (9:00)

S2 [9-16] SIDE-TOGETHER-SIDE-TOUCH R, SIDE-TOGETHER-SIDE L, ½ TURN L TOUCH
1-4 RF to side, LF beside RF, RF to side, Touch LF beside RF (9:00)
5-8 LF to side, RF beside LF, LF to side, ½ Turn L touch RF beside LF (6:00)

S3 [17-24] SIDE-TOGETHER-SIDE-TOUCH R, SIDE-TOGETHER-SIDE L, ½ TURN L TOUCH
1-4 RF to side, LF beside RF, RF to side, Touch LF beside RF (6:00)
5-8 LF to side, RF beside LF, LF to side, ½ Turn L touch RF beside LF (3:00)

S4 [25-32] SIDE-TOGETHER-SIDE-TOUCH R, SIDE-TOGETHER-SIDE L, 1/4 TURN L TOUCH

1-4 RF to side, LF beside RF, RF to side, Touch LF beside RF (3:00)

5-8 LF to side, RF beside LF, LF to side, ¼ Turn L touch RF beside LF (12:00)

Styling: Bend your knees while doing the the whole TAG 32 counts

ENDING (5 counts) after Wall 11 facing 6:00

side, Touch RF to R side.

Finish dance at 12:00

Contact email: Sandrapal59@gmail.com