

Only Believe In Me

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Intermediate
編舞者: Matt Lewis (UK) & Ray Jones (WLS) - March 2023
音樂: Believe In Me - Richard Marx



Intro : 16 counts, starts approx. 7 secs

Sec 1 Side rock, cross shuffle, side rock, behind side cross.

1-2 Rock R to R side, recover weight on L
3&4 Cross R over L, step L next to R, Cross R over L
5-6 Rock L to L side, recover weight on R
7&8 Cross L behind R, step R to R side, Cross L over R

Sec 2 Side behind, ¼ shuffle, step ½ pivot, full turn.

1-2 step R to R side, cross L behind R
3&4 step R to R side, step L next to right, ¼R stepping R foot forward
Restart on wall 3 & 7 count 3&4& step R to R side step L next to R step R to R side, step L next to R
5-6 step L foot forward, pivot ½ turn R
7-8 ½ turn R stepping back L, ½ R stepping forward R (walk forward L&R)

Sec 3 Rock recover & rock recover, back shuffle, ¼ slide.

1-2 rock L forward, recover weight back on R
&3-4 step L next to R, rock R forward, recover weight on L
5&6 step R backward, step L next to R, step back R
7-8 ¼ L stepping L to side, slide R next to L

Sec4 Sailor step , ⅛ sailor step, step ½ pivot ,step ½ pivot.

1&2 Cross R behind L, step, step L to L side, step R to R side
3&4 Cross L behind R, step R to R side, ⅛ turn L stepping L forward
5-6 step R forward, Pivot ½ turn L
7-8 step R forward , pivot ½ turn L

Restart wall 4 counts 7-8 step R forward, pivot ¾ turn L to 6 o'clock

Sec5 Step hold, ½ turn shuffle, ½ turn R, hold, ½ shuffle.

1-2 step R forward, hold
3&4 ¼ L stepping L to side, step R next to L, ¼ L stepping L forward
5-6 ½ turn R stepping R forward, hold
7&8 ¼ L stepping L to side, step R next to L, ¼ L stepping L forward

Sec6 ⅛ jazz box cross, point ¼ turn cross, point cross.

1-2 cross R over L, step back L
3-4 ⅛ R stepping R to side, cross L over R
5-6 point R to R side, ¼ R crossing R over L
7-8 point L to L side, cross L over R

Sec7 Side behind & cross side behind & cross, side rock.

1-2 step R to R side, cross L behind R
&3-4 step R to R side, Cross L over R, step R to R side
5&6 cross L behind R, step R to R side, cross L over R
7-8 rock R to R side, recover weight on L

Sec8 Cross shuffle, ¼ back shuffle, back rock, full turn

1&2 cross R over L, step L next to R, cross R over L

3&4 step L to L side, step R next to L, $\frac{1}{4}$ R stepping back on L
5-6 Rock back on R, recover weight on L
7-8 $\frac{1}{2}$ L stepping back on R, $\frac{1}{2}$ L stepping forward L (walk forward R & L)

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