

I Wrote A Song

拍數: 32 牆數: 4 級數: Improver
編舞者: The Highlander (UK) - March 2023
音樂: I Wrote A Song - Mae Muller : (2m 45s version)



Intro – Start on Lyrics. (7 Secs)

Sec 1 Side Right, Together, Right Chassé, Cross Rock, Left Chassé.

1-2 Step R to right side, Step L next to R,
3&4 Step R to right side, Step L next to R, Step R to right side,
5-6 Cross Rock L over R, Recover onto R,
7&8 Step L to left side, Step R next to L, Step L to left side.

Sec 2 Cross, Side, Sailor, Touch L behind, Unwind ½ Turn, Step ¼ Cross.

1-2 Cross R over L, Step L to left side,
3&4 Step R behind L, Step L next to R, Step R to right side,
5-6 Touch L back, Unwind ½ turn left weight onto L, (06.00)
7&8 Step R forward, Pivot 1/4 turn left weight onto L, Cross R over L. (03.00)

Sec 3 Side Rock, Behind Side Step , Skate Forward R L, Forward Rock.

1, 2 Side Rock onto L, Recover onto R,
3&4 Step L behind R, Step R to right side, Step L Forward,
***** Restart here during wall 9, facing 03.00 *****
5-6 Skate R forward, Skate L forward,
7-8 Rock forward onto R, Recover onto L

Sec 4 & Forward Rock, 2 x Shuffle ½ Turns Left, Coaster Step.

&1-2 Step R next to L, Rock Forward onto L, Recover onto R,
3&4 Turn ½ left stepping L,R,L, (09.00)
5&6 Turn ½ left stepping R,L,R, (03.00)
7&8 Step L back, Step R next to R, Step L forward.

Tag: 2 X 4 count tags at the end of walls 2 & 6, both facing 06.00.

1,2,3,4 Stepping R to right side bump hips Right, Left, Right, Left.

Restart during wall 9 after 20 counts, (Behind Side Step in Sec 3) facing 03.00

Ending - Wall 10. Replace counts 7&8 (Coaster Step) of Section 4 with a shuffle ½ turn left then step R forward.

Please feel free to put your own styling/improvisation the these basic steps.

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