

Shut Me Up

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Luci Chryz (INA) - March 2023
音樂: Shut Me Up - Nicky Youre



Intro 8C - Start RF : 3 Restarts

SEC 1 - CHARLESTON WITH KICK FWD

1 2 Step RF fwd (1) Kick LF fwd (2)
3 4 Step LF back (3) Touch RF back (4)
5 6 Step RF fwd (5) Kick LF fwd (6)
7 8 Step LF back (7) Touch RF back (8)

SEC 2 - ½ RUMBA BOX R FWD, ½ RUMBA BOX L FWD, 2X ¼ TURN L STEP FWD, FWD, LOCK, FWD

1 &2 Step RF to side (1) Step LF together (&) Step RF fwd (2)
3 &4 Step LF to side (3) Step RF together (&) Step LF fwd (4)
5 6& ¼ Turn R Step RF fwd facing 03.00 (5) ¼ Turn R Step LF fwd facing 06.00 (6) Step RF fwd (&)
7& 8 Lock LF behind RF (7) Step RF fwd (&) Step LF fwd (8)

**** Restarts here after 16C on :**

Wall 2 facing 03.00

Wall 4 facing 06.00

Wall 6 facing 09.00

SEC 3 - DOROTHY STEP R-L, 2x TOUCH-STEP IN PLACE R-L, ¼ TURN R TOUCH-STEP IN PLACE R-L

1 2& Step RF diagonal fwd (1) Lock LF behind RF (2) Step RF diagonal fwd (&)
3 4& Step LF diagonal fwd (3) Lock RF behind LF (&) Step LF diagonal fwd
5& 6& Touch RF beside LF (5) Step RF in place (&) Touch LF in place (6) Step LF in place (&)
7& 8& ¼ Turn R touch RF next LF facing 09.00 (7) Step RF in place (&) Touch LF in place (8) Step LF in place (&)

SEC 4 - 2x R KICK FWD TOUCH-STEP IN PLACE, 2X L KICK FWD TOUCH-STEP IN PLACE, OUT OUT, CROSS-UNWIND FULL TURN L

1& 2& Kick RF fwd (1) Touch RF next to LF (&) Kick RF fwd (2) Step RF together (&)
3& 4& Kick LF fwd (3) Touch LF next to RF (&) Kick LF fwd (4) Step LF together (&)
5 6 Step RF diagonal fwd (5) Step LF diagonal fwd (6)
7 8 Cross RF over LF (7) Full turn R (09.00)

Happy Dancing!

Submitted by dechryz01@gmail.com