Time To Swing



拍數: 48 牆數: 4 級數: Intermediate

編舞者: RockinMary Dewez (FR) - April 2010

音樂: Time To Swing - Helmut Lotti



SIDE CHASSE & ROCK

1&2 chasse to right
3-4 rock back left
5&6 chasse to left
7-8 rock back right

TRIPLE TURNS & ROCKS

1&2 triple ½ Turn to L
3-4 rock back left
5&6 triple ½ Turn to R
7-8 rock back right

SWIVELS KICK BALL WALK X 2 - PIVOT ½ - PIVOT ¼

1&2 kick ball walk R (with swivel L heel to L)
3&4 kick ball walk R (with swivel L heel to L)
5-6 Right step fwd - pivot ½ turn to left
7-8 Right step fwd - pivot ¼ turn to left

SHIMMY JAZZ - SYNCOPATED SPIT (OUT OUT IN IN)

1-2 cross R over L, L step back
3-4 R step with R L together R
5-6 R to R(out) – L to L (out)
7-8 R to center (in) – L to center (in)

SUGARFOOT HOLD R - SUGARFOOT HOLD L- & TRAVELLING SUGARFOOT R,L,R,L

1-2 R swivel to R (3ième position) – HOLD (head to R) 3-4 L swivel to L (3ième position) – HOLD (head to L)

5678 Swivels fwd R-L-R-L (head to fwd)

FULL TURN AROUND THE WORLD (with clicks & hold)

1-2 Make ¼ T to R with R – HOLD (click)
3-4 Make ¼ T to R with L – HOLD (click)
5-6 Make ¼ T to R with R – HOLD (click)
7-8 Make ¼ T to R with L – HOLD (click)