Nanti Kau Sesali

拍數: 32

級數: Intermediate

編舞者: Rika Djamhari (INA) - April 2023

音樂: Nanti - Cakra Khan : (2023 New Version)

6x Tag & Restart

Intro: Start on Vocal

S1. BACKWARD WITH SWEEP RIGHT - CROSS BEHIND - TURN FORWARD - FORWARD - FORWARD - PIVOT 1/2 (3X) - FORWARD ROCK - CLOSE BESIDE

- 1-2&. Step L backward with sweep R back, cross R behind L, 1/4 turn left and step L forward
- 3-4&. Step R forward, step L forward, 1/2 turn to right and step R in place
- 5&6&. Step L forward, 1/2 turn to right and step R in place, step L forward, 1/2 turn to right and step R in place (03:00)
- 7-8&. Rock L forward, recover on R, close L beside R

S2. SIDE AND BEND KNEE - RECOVER - BEHIND WITH SWEEP L - CROSS BEHIND - SIDE - UNWIND 3/4 TURN RIGHT - SIDE ROCK - CROSS OVER - SIDE ROCK

- 1-2. Step R to side with bend knee, recover on L
- 3-4&. Step R behind L with sweep L back, cross L behind R, step R to side
- 5-6&. Cross L over R and 3/4 turn to right (weight on L), rock R to side, recover on L (12:00)
- 7-8&. Cross R over L, rock L to side, recover on R

* Tag & Restart here on wall 3 and on wall 7

S3. 1/4 TURN DIAMOND TO LEFT - FORWARD - FORWARD WITH BEND KNEE - RECOVER WITH SWEEP L - BACKWARD WITH SWEEP R - BACK ROCK

- 1-2&. Cross L over R, step R to side, 1/8 turn to left and step L back
- 3-4&. Step R back, 1/8 turn to left and step L to side, step R forward (09:00)
- 5-6. Step L forward with bend knee, recover on R with sweep L from front to back
- 7-8&. Step L back with sweep R from front to back, rock R back, recover on L

** Tag & Restart here on wall 6

S4. FORWARD WITH TURN AND SWEEP - CROSS BEHIND - SIDE - CROSS ROCK - SIDE - CROSS ROCK - SIDE - FORWARD - 1/2 TURN PIVOT

- 1-2&. Step R forward and 1/2 turn to left with sweep L from front to back, cross L behind R, step R to side (03:00)
- 3-4&. Cross L over R, recover on R, step L to side
- 5-6&. Cross R over L, recover on L, step R to side
- 7-8. Step L forward, 1/2 turn to right and step R in place (09:00)

Repeat Again!

* Tag 1 (after wall 1 facing 09:00)

8 Counts of Tag 1:

BASIC NC L/R - FORWARD - 1/2 TURN PIVOT (2X)

- 1-2&. Step L to side, step R slightly behind L, cross L over R
- 3-4&. Step R to side, step L slightly behind R, cross R over L
- 5-6. Step L forward, 1/2 turn to right and step R in place
- 7-8. Repeat 5-6

** Tag 2 (on wall 3 after 16& counts, facing 06:00)

6 counts of Tag 2:

BASIC NC L/R - FORWARD - 1/2 TURN PIVOT

1-2&. Step L to side, step R slightly behind L, cross L over R





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3-4&. Step R to side, step L slightly behind R, cross R over L 5-6. Step L forward, 1/2 turn to right and step R in place *** Tag 3 (After wall 4, facing 09:00) 4 counts of Tag 3: SIDE SWAY L/R/L/R 1-4. Step L to side and sway to L, sway R/L/R **** Tag 4 (After wall 5, facing 06:00) 5 counts of tag 5: SIDE SWAY L/R/L/R - HOLD 1-5. Step L to side and sway to L, sway R/L/R, hold (WOR) ***** Tag 5 (on wall 6 after 24& counts, facing 03:00) 4 counts of tag 5: SIDE SWAY R/L/R - HOLD 1-4. Step R to side and sway to R, sway L/R, hold ****** Tag 6 (on wall 7 after 16& counts, facing 03:00) 3 counts of tag 6: SIDE SWAY L/R - HOLD 1-3. Step L to side and sway to left, sway to right, hold Enjoy the dance! Contact: rika.djamharie@gmail.com

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