

Substitution

拍數: 32 牆數: 4 級數: Beginner
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音樂: Substitution - Purple Disco Machine & Kungs



1 Tag 1 Restart

Part 1

1-4 RF side, LF cross behind RF, RF side, LF close with touch to RF clap twice (+8)
Alternative: Turn 3-Step turn to right
5-8 LF side, RF cross behind LF, LF side, RF close with touch to LF clap twice (+8)
Alternative: Turn 3-Step turn to left

Restart after Wall 4

Part 2

1-4 RF fwd, LF fwd, RF fwd, LF kick
5-8 LF point back, 1/4 turn to left and shake shoulders (6 7), hitch right knee

Part 3

1-4 RF diag. Fwd, LF touch to RF and clap, LF diag. Fwd, RF touch to LF and clap,
5-8 RF diag. back, LF touch to RF and clap, LF diag. back, RF touch to LF and clap,

Part 4

1-4 hip bumps RLRL - if u like, add Nightfever arm with right arm
5-8 RF skate, LF skate, RF skate, LF skate - If you like, add Arms

Tag 4c after wall 2: steptouch to R and F
