Don Quixote

拍數: 296

級數: Phrased Intermediate

編舞者: Doug Ayers (USA) - 17 July 2022

音樂: Miracle Shopping - Maimi Tanaka

SEQUENCE: A,B,C,C,D,D,C, C,C,D,D,C, A,B,E,D,D,C,F

Intro 1: A

A1: (R) Step Forward, (L) Step Forward, (R) Step Forward, (L) Kick forward, (L) Step Backward, (R, L, R) Coaster Step, (L) Step Forward

- (R) Step Forward 1 (L) Step Forward 2
- 3 (R) Step Forward
- 4 (L) Kick Forward
- 5 (L) Step Backward
- 6&7 (R, L, R) Coaster Step (Back, Together, Forward)
- 8 (L) Step Forward

Intro 1:

A2: (R) Step Forward, (L) Kick forward, (L) Step Back, (R, L, R) Coaster Step, (L) Step Forward, (R) Ball, (R) Ball, (R) Ball

- 1 (R) Step Forward
- (L) Kick Forward 2
- 3 (L) Step Backward
- 4&5 (R, L, R) Coaster Step
- 6 (L) Step Forward & Hold
- 7 (R) Touch Ball
- & (R) Touch Ball
- 8 (R) Touch Ball

Intro 2: B

B1: (R) Charleston, (L) Charleston, (R) Charleston, (L) Charleston

- 1 (R) Fan forward
- 2 (R) Ronde back
- 3 (L) Ronde back
- 4 (L) Fan forward
- 5 (R) Fan forward
- 6 (R) Ronde back
- 7 (L) Ronde back
- 8 (F) Fan forward

Intro 2:

B2: (R) Charleston, (L) Charleston, (R) Charleston, (L) Charleston

- (R) Fan forward 1
- 2 (R) Ronde back
- 3 (L) Ronde back
- 4 (L) Fan forward
- 5 (R) Fan forward
- 6 (R) Ronde back
- 7 (L) Ronde back
- 8 (L) Fan forward





牆數: 1

MAIN: C

C1: (R) Side, (L) Behind, (R) And, (L) Kick, (L) And, (R) Cross, (L) 1 /4 Turn right, (R) 1/4 Turn right, (L) Cross, (R) And, (L) Cross

- 1 (R) Step to right side
- 2 (L) Step behind Right
- & (R) Step to right side
- 3 (L) Kick to left
- & (L) Step down on Left
- 4 (R) Cross over Left
- 5 (L) Step left with 1/4 Turn to right
- 6 (R) Step back on Right with 1/4 Turn to right (now facing back wall)
- 7 (L) Cross over Right
- & (R) Right step to right side
- 8 (L) Cross over Right

C2: (R) Rock out, (L) Recover, (R) Behind, (L) 1/4 Turn Step to left, (R) Step, (L) Rock, (R) Recover, (L, R, L) Coaster Step

- 1 (R) Right Rock out to right side
- 2 (L) Recover on Left
- 3 (R) Right step behind Left
- & (L) 1/4 Turn Step to left (now facing wall-4)
- 4 (R) Step Forward,
- 5 (L) Rock Forward on Left
- 6 (R) Recover on Right
- 7&8 (L, R, L) Coaster Step

MAIN: D

D1: (R, L, R) Shuffle Forward, (L, R, L) Shuffle Forward, (R) Rock Forward, (L) Recover with 1/2 Turn right, (R) Step forward, (L, R, L) Shuffle Forward

- 1&2 (R, L, R) Shuffle Forward
- 3&4 (L, R, L) Shuffle Forward
- 5 (R) Rock Forward on Right
- & (L) Recover back on Left while turning 1/2 Turn to right (will end facing front wall)
- 6 (R) Step Forward (facing front wall)
- 7&8 (L, R, L) Shuffle Forward

D2: (R) Step out right, (L) Recover, (R) Step in front of Left, (L) Step out left, (R) Recover, (L) Step infront of Right, (R, R, L) Kick Ball Change, (R, R, L) Kick Ball Change

- 1 (R) Step out to right side
- & (L) Recover
- 2 (R) Step in front of Left
- 3 (L) Step out left side
- & (R) Recover
- 4 (L) Step in front of Right
- 5&6 (R, R, L) Kick Ball Change
- 7&8 (R, R, L) Kick Ball Change Don Quixote

MAIN: E

E1: (R, L, R) Right Mambo, (L, R, L) Left Mambo, (R, L, R) Right Mambo, (L, R, L) Left Mambo,

- 1&2 (R) Step out to right side, (L) Step in Place, (R) Step next to Left
- 3&4 (L) Step out to left side, (R) Step in Place, (L) Step next to Right
- 5&6 (R) Step out to right side, (L) Step in Place, (R) Step next to Left
- 7&8 (L) Step out to left side, (R) Step in Place, (L) Step next to Right

E2: (R, L, R) Right Mambo, (L, R, L) Left Mambo, (R) Rock Forward, (L) Step in Place, (R) Step Back, (L) Step Back, (R) Rock Back, (L) Rock Forward

- 1&2 (R) Step out to right side, (L) Step in Place, (R) Step next to Left
- 3&4 (L) Step out to left side, (R) Step in Place, (L) Step next to Right
- 5 (R) Rock Forward
- & (L) Step in Place (recover)
- 6 (R) Step Back
- & (L) Step Back
- 7 (R) Rock Back
- 8 (L) Step in Place (recover)

Ending: F

F1: (R) Charleston, (L) Charleston, (R) Charleston, (L) Toe Tap, (L) Toe Tap

1	(R) Fan forward
2	(R) Ronde back
3	(L) Ronde back
4	(L) Fan forward
5	(R) Fan forward
6	(R) Ronde back
7	(L) Toe Tap
&	(L) Toe Tap
8	(L) Heel Skuff