Nazam Lebaran

拍數: 56

級數: Beginner / Improver

編舞者: Juli Santoso Pikir (INA) - April 2023

音樂: Nazam Lebaran - Siti Nurhaliza

SEQUENCE : AAAABAABAABB24c(Restart 1)AABB32c(Restart 2)AA

PART A

S-1. SWAY-SWAY- RUMBA (TO R/L)

- 12 Bump hip to R - Bump hip to L -
- 3&4 Step RF to side - Close LF beside RF - Step RF to forward
- 56 Bump hip to L - Bump hip to L -
- Step LF to side Close RF beside LF Step LF to forward 7&8

S-2. SIDE - CLOSE - ¼ TURN R CHASSE (TO R/L)

- 12 Step RF to side - Close LF beside RF -
- 3&4 1/4 Turn R Step RF to side - Close LF beside RF - Step RF to side
- 56 Step LF to side - Close RF beside LF -
- 1/4 Turn R Step LF to side Close RF beside LF Step LF to side 7&8

PART B

S-1. TOUCH FORWARD - TOUCH SIDE - COASTER STEP (TO R/L)

- 12 Touch RF forward - Touch RF to side -
- 3&4 Step RF back - In place on LF - Close RF beside LF
- 56 Touch LF forward - Touch LF to side -
- 7&8 Step LF back - In place on RF - Close LF beside RF

S-2. DIAGONAL SHUFFLE (TO R/L), DIAGONAL BACK : SIDE CLOSE - SIDE CLOSE

- Diagonal forward R : Step RF to side Close LF beside RF Step RF to side 1&2
- 3&4 Diagonal forward L : Step LF to side - Close RF beside LF - Step LF to side
- 56 Diagonal back R : Step RF to side - Close LF beside RF
- 78 Diagonal back L : Step LF to side - Close RF beside LF

S-3. SYNCOPATED (TO R/L)

- 1&2&3&4 Step RF cross over LF - Step LF to side - Step RF cross over LF - Step LF to side - Step RF cross over LF - Step LF to side - Step RF cross over LF
- Step LF cross over RF Step RF to side Step LF cross over RF Step RF to side Step LF 5&6&7&8 cross over RF - Step RF to side - Step LF cross over RF

S-4. FORWARD - FORWARD - FORWARD MAMBO, BACK - BACK - BACK MAMBO

- Step RF forward Step LF forward -12
- 3&4 Step RF forward - In place on LF - Close RF beside LF
- 12 Step LF back - Step RF back -
- Step LF back In place on RF Close LF beside RF 3&4

S-5. JAZZ BOX (FORWARD) : (2X)

- 1234 Cross RF over LF - Step LF forward - Step RF to side - Close LF beside RF
- 5678 Cross RF over LF - Step LF forward - Step RF to side - Close LF beside RF

Happy Dance :

julipikir.upn@gmail.com





牆數:2