

Zig Zag

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Beginner
編舞者: Raimon Alzamora (ES) - April 2023
音樂: The Twist - Hank Ballard & The Midnighters



RIGHT SWIVELS with hold, LEFT SWIVELS with hold

1-2	Heels to right, points to right
3-4	Heels to right, points to right
5-6	Heels to right, points to right
7-8	Heels to right, hold
1-2	Heels to left, points to left
3-4	Heels to left, points to left
5-6	Heels to left, points to left
7-8	Heels to left, hold

FULL TURN: STEPTOGETHER x 4, RIGHTSWIVEL STOMP LEFTSWIVEL STOMP

1-2	Step fwd Rf with quarter turn to left, together Lf (stomp)
3-4	Step to left Lf with quarter turn to left, together Rf (scuff stomp)
5-6	Step fwd Rf with quarter turn to left, together Lf (stomp)
7-8	Step to left Lf with quarter turn to left, together Rf (stomp)
1-2	HeelR to right, pointR to right
3-4	HeelR to right, stomp together Lf
5-6	HeelL to left, pointL to left
7-8	HeelL to left, stomp together Rf

MONTERREY, TWIST with HOLDS, STEPTOGETHER x 4 (the K)

1-2	To mark point Rf to right, 1/2 turn behind in place together Rf
3-4	To mark point Lf to left, together Lf
5-6	Heels to right, hold
7-8	Heels to left, hold
1-2	Step diagonal fwd right Rf, together Lf
3-4	Step to center Lf, together Rf
5-6	Step diagonal back right Rf, together Lf
7-8	Step to center Lf, together Rf