

# Baby It's Still True (Walker-Rollator)

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 1      級數: Ultra Beginner - Walker  
編舞者: Rosie Multari (USA) - September 2014  
音樂: More Today Than Yesterday - Spiral Starecase  
或: Build Me Up Buttercup - The Foundations  
或: Build Me Up Buttercup - Glenn Rogers  
或: Who Says You Can't Go Home - Bon Jovi & Jennifer Nettles



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(Walker modifications provided, with Choreographer's permission, by A.J. Herbert, [ajluv2dans@gmail.com](mailto:ajluv2dans@gmail.com), Certified Group Exercise Instructor, National Exercise Trainer's Association (NETA), including ABLE Bodies Balance Training, FallProof!, and Fitness Over Fifty.)

Intro: Begin on lyrics

## **SIDE SLIDE RIGHT, BACK ROCK, ROCKING CHAIR**

1-2            Big step right side, drag left toward right (within the width of the walker)  
3-4            Rock left back, recover to right  
5-8            Rock left forward, recover to right, rock left back, recover to right

## **SIDE SLIDE LEFT, BACK ROCK, ROCKING CHAIR**

1-2            Big step left side, drag right toward left (within the width of the walker)  
3-4            Rock right back, recover to left  
5-8            Rock right forward, recover to left, rock right back, recover to left

## **STEP RIGHT SIDE, LEFT, STEP SIDE, TOGETHER, FORWARD**

1-2            Step right side, touch left together (within the width of the walker)  
3-4            Step left side, touch right together (within the width of the walker)  
5-8            Step right forward, step left together, step right forward, hold

## **STEP LEFT SIDE, RIGHT, STEP SIDE, TOGETHER, BACK**

1-2            Step left side, touch right together (within the width of the walker)  
3-4            Step right side, touch left together (within the width of the walker)  
5-8            Step left back, step right together, step left back, hold

**REPEAT**

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