Unravel You



編舞者: Christiane FAVILLIER (FR) - 5 April 2023

音樂: Unravel You - Chloé Caroline: (Album: Love of Race)



Intro before dance: 16 times

[1 to 8] - Step FWD Diagonally	Touch & Clan - St	ten Backward Diagonally	Touch & Clan	- Kick Ball Step X 2
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12	Advance RF diagonally right, tap in your hands, touch the point of the LF behind RF
3 4	Rack back LF in diagonal rear L, type in the hands, touch point of the RF in front of LF
5 & 6	Kick before R, bring RF near the LF, slightly lift the LF plant and rest

5 & 6Kick before R, bring RF near the LF, slightly lift the LF plant and rest7 & 8Kicks before R, bring RF near the LF, slightly lift the LF plant and rest

[9 to 16] - Step 1/2 Turn L, R Triple Step FWD, Rock Side, Behind Side Cross

1 2	Advance PD, rotate from 1/2 from turn to left
3 & 4	Move forward RF, bring LF behind RF, advance RF
5 6	Place LF on the left (with weight) and return to RF

7 & 8 Place LF behind RF, put RF on the right, cross LF in front of RF (6h)

**2nd Restart: After the 16 times of the 4th wall, departure 6 a.m. Arrival 12 noon, resume dance from the start!

I17à 241 —Step Pivot 1/4 Turn, Hicht L - L triple step fwd - Heel Grind with 1/4 Turn R -r Coaster Step

12	Advance RF pivot on site of 1/4 round to L by raising the left leg (3h)
3 & 4	Place LF on the left, bring RF near the LF, put LF on the left
5 6	Sweak the heel on the ground by rotating the point of the RF on 1/4 turn to D (6h) ***
7 & 8	Back up RF, bring LF back near the RF, advance RF ***

*1st Restart: After the 24 times of the 2nd wall, departure 6 a.m. Arrival 12 noon, *** Replace the Coaster Step with a Rock Back of the PD (Pose PD behind and come back to the front) take the dance at the start!

***3rd Restart: After the 24 times of the 6th Wall, departure 6 a.m. Arrival 12 noon, *** Replace the Coaster Step with a Rock Back of the PD (Pose PD behind and come back to the front) take the dance at the start!

[25-32] - Heel Switch X 3, Hook with LF & Together - Heel Switch X3, Hook with RF, Hold

1&2&	Place heel L in front (1) Reduce LF near the RF (&) Place heel of the RF in front (2) Bring
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back RF Near the LF

3&4& Place heel L in front (3), cross LF in front of RF (&) Place heel L in front, (4) Bring LF near RF

(&)

5&6& Place heel R in front (5) Reduce RF near the LF (&) Place heel L in front (6) Bring LF near

RF (&)

7 8 Place heel R in front (7) cross right leg in front of leg L (8) HOLD

Final of the dance in order to meet at 12 noon: (start of the wall for 12h

*** You will be facing 6 a.m., make the coaster step over half a right you find yourself at 12:00 p.m. THANKS

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