Down In the Islands

級數: Easy Beginner

編舞者: Brenda Holcomb (USA) - April 2023

音樂: Island Song - Zac Brown Band

Intro: 32 Counts- Begin on Vocals No tags! No Restarts

RHUMBA BOX 2/ HOLDS

拍數: 32

- Step R to R Side, step L next to R 1-2
- 3-4 Step R fwd. and hold
- 5-6 Step L to L side, step R next to L
- 7-8 Step L back, and hold

WALK BACK R, L, R W/ HOLD, SLOW L COASTER W/HOLD

- 1-4 Walk back right, left, right and hold
- 5-8 L Coaster (Step back L, step back R, step fwd. L) and hold

R STEP LOCK STEP HOLD, L STEP LOCK STEP HOLD

- 1-2 Step R fwd slightly diagonal, lock L behind R
- 3-4 Step R fwd and hold
- 5-6 Step L fwd slightly diagonal, lock R behind L
- 7-8 Step L fwd and hold

ROCK FORWARD ON R, RECOVERY ON L , TURN ½ R, HOLD, MAMBO L FWD

- 1-2 Step fwd on R, recover on L
- 3-4 Turn ¹/₂ R on the R, hold
- 5-8 Step L fwd, recovery R, bring L next to R, Hold

Began Dance Again! - Enjoy Have fun

This dance was written for those going on a cruise and wanted an easy dance to do.

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牆數: 2