Same Songs

COPPER KNOE

拍數: 48

牆數:2

級數: Low Intermediate - Polka

編舞者: Michela Rosso (IT) & Mara Ramassotto (IT) - April 2023

音樂: Same Songs - James Johnston & Kaylee Bell



Intro: 16 counts

S1: SHUFFLE R, SHUFFLE BACK L, COASTER STEP, STEP LOCK STEP

- 1&2 Step R forward, step L next to right, step R forward
- 3&4 Step back L turning 1/2 to right, step back R next to left, step back left
- 5&6 Step back R, step L next to R, step forward R
- 7&8 Step L forward, lock R behind L, step L forward (9:00)

S2: SIDE ROCK, CROSS & CROSS, SIDE ROCK, SWEEP SAILOR STEP

- 1-2 Step R to R side, recover on L
- 3&4 Step R behind L, step L to L side, cross R over L
- 5-6 Step L to L side, recover on R
- 7&8 sweep L turning ¼ L, step R next to L, step L forward (3:00)

S3: ROCK, SHUFFLE, WALK X2, MAMBO STEP

- 1-2 step R forward, recover on L
- 3&4 turn 1/2 to R step R forward, step L next R, step R forward
- 5-6 step L forward, step R forward
- 7&8 step L forward, recover on R, step L back (6:00)

S4: SHUFFLE X2, KICK BALL STEP X2

- 1&2 step R to R side, step L next to R, step R to R side
- 3&4 turn ¼ to R step L to L side, step R next to L, step L to L
- 5&6 turn 1/8 to R kick R forward, step on ball on R, step L forward
- 7&8 kick R forward, step on ball on R, step L forward (1:30)

RESTART AT 3RD WALL

THE FINAL AT 6th WALL: count 7 cross R over L (6:00) / count 8 unwind 1/2 to L (12:00)

S5: LOCK TURN X2, SIDE ROCK, CROSS SHUFFLE

- &1-2 step R forward, lock R behind L, unwind full turn L (1:30)
- &3-4 step R forward, lock R behind L, unwind full turn L (1:30)
- 5-6 turn 1/2 to L step R to R side, recover on L (12:00)
- 7&8 step R over L, step L to L side, step R over L

Easy option for counts 1-4 : SHUFFLE X2

- 1&2 step R forward, step L next to R, step R forward (1:30)
- 3&4 step L forward, step R next to L, step L forward (1:30)

S6: STEP BACK, DRUG, STOMP X3, HOLD X2

- 1 turn ½ to R step L back (9:00)
- 2-3-4 drug R next to L
- 5-6 stomp R, stomp R
- 7-8 stomp L, hold

TAG (5 Wall / after 16 counts)

S1: BIG STEP SIDE, SLIDE, CROSS & CROSS, STEP SIDE, TOUCH

- 1-4 big step R to R side, slide L next to R
- 5&6 step L behind R, step R to R side, cross L over R
- 7-8 step R to R side, touch L next to R (9:00)

S2: BIG STEP SIDE, SLIDE, CROSS & CROSS, STEP SIDE, TOUCH

- 1-4 big step L to L side, slide R next to L
- 5&6 step R behind L, step L to L side, cross R over L
- 7-8 step L to L side, touch R next to L (9:00)

S3: STOMP, CLAP, HOLD, CLAP, HOLD, CLAP, HOLD, STOMP X2

- 1-2 stomp R forward, clap over head
- 3-4-5-6 hold, clap over head, hold, clap over head
- 7&8 hold, stomp L forward, stomp L forward (9:00)

S4: STOMP, CLAP, HOLD, CLAP, HOLD, CLAP, HOLD, STOMP X2

- 1-2 stomp R forward turning ¼ to R, clap over head (12:00)
- 3-4-5-6 hold, clap over head, hold, clap over head
- 7&8 hold, stomp L forward, stomp L forward

S5: STOMP, CLAP, HOLD, CLAP, HOLD, CLAP, STOMP X2

- 1-2 stomp R forward turning ¼ to R, clap over head (3:00)
- 3-4-5-6 hold, clap over head, hold, clap over head
- 7&8 hold, stomp L forward, stomp L forward (3:00)

S6: STOMP, CLAP, HOLD, CLAP, HOLD, CLAP, STOMP X2

- 1-2 stomp R forward turning ¼ to R, clap over head (6:00)
- 3-4-5-6 hold, clap over head, hold, clap over head
- 7&8 hold, stomp L forward, stomp L forward

SMILE AND HAVE FUN!