

Now and Again

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Chris Cleevely (UK) - May 2023
音樂: Now and Again - Daryle Singletary



(32 count intro) (Single available from Itunes.)

Section 1 (Counts 1 – 8) Rock Back, R, Recover; R Kick, Ball, Step; Rock Forward R, Recover; R Coaster Step

1 - 2 Rock back on R, recover weight on L
3 & 4 Kick R forward, touch ball of R, step weight on L
5 - 6 Rock forward on R, recover weight on L
7 & 8 Step back on R, step L beside R, step forward on R

Section 2 (Counts 9 – 16) Cross, Side; Sailor Heel; & Cross, 1/4 R; 1/4 R, Step L

1 - 2 Cross L over R, step R to R side
3 & 4 Cross L behind R, step R to R side, touch L heel forward
& 5 - 6 Bring L in & cross R over L, 1/4 Turn R, stepping back on L (3 o'clock)
7 - 8 Make 1/4 turn R, stepping forward on R, step forward L (6 o'clock)

*(Restart here during wall 4, facing 9 o'clock)

Section 3 (Counts 17-24) R Shuffle Forward; L & R Heel Switches; & Rock Forward, Recover; 1/4 L Sailor

1 & 2 Shuffle forward R (stepping R/L/R)
3 & 4 Touch L heel forward, step L beside R, touch R heel forward
& 5 - 6 Step weight on R, rock forward on L, recover on R
7 & 8 Making 1/4 turn L, cross L behind R, step R to R side, step L to L side (3 o'clock)

Section 4 (Counts 25 – 32) Step, Pivot 1/2 Turn L: Rock Forward, Recover; 2 x 1/2 Shuffles R

1 - 2 Step forward on R and pivot 1/2 turn L
3 - 4 Rock forward on R, recover weight on L
5 & 6 Shuffle 1/2 turn R (stepping R/L/R) (3 o'clock)
7 & 8 Shuffle 1/2 turn R (stepping L/R/L) (9 o'clock)

(Alternative steps for Counts 5 – 8 in Section 4: shuffle back R, shuffle back L.)

*Restart dance after 16 counts during wall 4, facing 9 o'clock.

**8 Count Tag at the end of wall 3 (facing 3 o'clock), wall 7 (facing 12 o'clock) & wall 9 (facing 6 o'clock):

Right Coaster Step; Rock Forward, Recover; Left Coaster Step; Rock Forward, Recover

1 & 2 Step back on R, step L beside R, step forward on R
3 - 4 Rock forward on L, recover weight on R
5 & 6 Step back on L, step R beside L, step forward on L
7 - 8 Rock forward on R, recover weight on L

***Ending – Dance up to 'sailor heel' turning to the front wall as you present your L heel.

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