Stand By Me

拍數: 32

級數: Low Improver

編舞者: Mimmi Danielsson (SWE) - May 2023

音樂: Stand by Me - Music Travel Love

Intro: 32 counts - No restart No tag

S:1 Basic NC, Shuffle fwd, Step turn 1/4, Cross

- 1-2-3 Step RF to R side, Rock L back, Recover onto R
- 4&5 Step LF forward, Step RF next to LF, Step LF forward
- 6-7-8 Step RF forward, Turn 1/4 L, Step RF cross over LF

S:2 Turn 1/4 R, Turn 1/4 R, Cross shuffle, Step back ×2, Sweep, Weave

- 1-2 Step LF back and turn 1/4 R, Step RF to right side and turn 1/4 R
- 3&4 Step LF cross over RF, Step RF next to LF, Step LF cross over RF
- 5-6 Step RF back, Step LF back and sweep RF
- 7&8 Step RF behind LF, Step LF to L side, Step RF cross over LF

S:3 Side rock L/Recover, Sailor turn 1/4, Step turn 1/4 ×2 with hips

- 1-2 Step LF to L side, Recover on RF
- 3&4 Step LF behind RF and turn 1/4 L, Step RF together, Step LF forward
- 5-6 Step RF forward, turn 1/4 L while rolling the hips
- 7-8 Step RF forward, turn 1/4 L while rolling the hips

S:4 Step RF fwd, Touch LF toe behind, Step LF back, Touch RF toe fwd ×2

- 1-2 Step RF forward, Touch L toe behind R
- 3-4 Step LF back, Touch R toe forward
- 5-6 Step RF forward, Touch L toe behind R
- 7-8 Step LF back, Touch R toe forward

Enjoy and Good luck \Box





牆數:2