Slave To Cha Cha

拍數: 32

級數: Intermediate

編舞者: Hanna Pitkänen (FIN) - 1 May 2023

音樂: Slave to Love - Bryan Ferry

Start the dance after 16 counts intro approx. 26 seconds into track	
[1-8]: Behind, sweep, behind, side cross, scissor step, ¼ turn, ½ turn, point forward, flick	
1	Step L behind R as you sweep R from front to back (1)
2&3	Step R behind L (2), step L to side (&), cross R over L (3)
4&5	Step L to side (4), step R next to L (&), cross L over R (5),
6,7	1/4 turn left stepping back R (6), 1/2 turn left stepping L forward (7) facing 3
8&	Point R forward (8), flick R to side (&)
[9-16]: Walk R L, check, 1/8 turn, back, lock, back, ½ turn, ½ turn, ½ turn, step forward	
1&2	Step R forward (1), step on ball of L forward (&), open your body to diagonal right as you lock L behind R (2)
3	1/8 turn left stepping R back (3) facing 1:30
4&5	Step back L (4), cross R over L (&), step back L (5)
6,7	½ turn to right stepping R forward (6), ½ turn to right stepping L back (7), facing 1:30
8&	½ turn to right stepping R forward (8), step L forward (&)
Easier option for counts 7-8 are prissy walks:	
7,8	Cross L slightly over R (7), Cross R slightly over L (8)
[17-24]: ½ turn with knee pop, knee pop, slide back, ball step, 1/8 turn & point, ½ turn & point ½ turn and point	
1,2	$\frac{1}{2}$ turn right keeping your weight on L as you pop R knee (1), knee pop with L as you step back R (2)
3&4	Step L back and slide R towards L (3), step on ball of R next to L (&), step L forward (4)
&5	1/8 turn L stepping R to side (&), point L to side (5) facing 12
6	1/4 tun left stepping L forward (6) facing 9
7	Continue turning ¼ left on the spot as you point R to side (7) facing 6
&	Continue turning 1/4 turn left on the spot collecting your feet in the middle (&)
8	Continue turning ¼ turn left on the spot as you point R to side (8) facing 12
Easier option for counts 3-8 are coaster step, 1/8 turn & point side fwd side, step behind, point side	
3&4	Step L back (3), step R next to L (&), step L forward (4)
&5	1/8 turn left stepping R to side (&), point L to side (5) facing 12
&6	Point L forward (&), point L to side (6)
7,8	Cross L behind R (7), Point R to side (8)
[25-32]: Touch, side, cha cha, side, rock step, step, ½ turn, back rock, step, cross rock	
&1	Touch R next to L (&), step R to side (1)
2&3	Step L next to R (2), step R in place (&), step L to side (3)
4&5	Rock R behind R (4), recover weight to L (&), cross R over L (5)
6	$\frac{1}{2}$ turn left keeping your weight on R as you pop L knee (6) facing 6
7&	Rock L behind R (7), recover weight to R (&)
8&	Step L forward (8), Cross rock R over L (&)
Start again	

Have fun dancing!

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牆數:2