Hit the Road Jack

拍數: 32

級數: Beginner

編舞者: Peter O'Shea (AUS) - April 2013

音樂: Hit The Road Jack - Ray Charles

Start: after 16 counts

SIDE ROCK CROSS HOLD TWICE

- 1-2 step/rock R to side, recover to L
- 3-4 cross R over L, hold
- 5-6 step/rock L to side, recover to R
- 7-8 cross L over R, hold

STEP LOCK STEP SCUFF TWICE

- 9-10 step R diagonally forward, lock L behind R
- 11-12 step R diagonally forward, scuff L forward together
- 13-14 step L diagonally forward, lock R behind L
- 15-16 step L diagonally forward, scuff R forward together

1/4 TURN JAZZ BOX WITH HOLDS

- 17-18 cross R over L, hold
- 19-20 step L back, hold
- 21-22 turning 1/4 right step R to side, hold
- 23-24 step L together, hold (equal weights)

SWIVEL HEELS & TOES WITH HOLDS

- 25-26 swivel heels to right, hold
- 27-28 swivel toes to right, hold
- 29-30 swivel heels to right, hold
- 31-32 swivel toes to centre, hold

REPEAT





牆數:4