You and Beer



拍數: 32 牆數: 2 級數:

編舞者: Agnes Gauthier (FR) & Moni Hartmann (DE) - 14 April 2023

音樂: Country Music, You And Beer - Brooke McClymont & Adam Eckersley



Start (16 sec)

[1-8] Walk, walk (RF,LF), RF full turn left, LF step back with Sweep, RF step back with sweep , LF coaster step

1 - 2	RF forward	I E forward
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3 & 4 RF forward, ½ turn left, weight on LF, ½ turn left and RF back

5 - 6 LF back with sweep, RF back with sweep 7 & 8 LF back, RF next to LF, LF forward (12 h)

[9 - 16] Side rock cross R+ L, RF side 1/4 turn L, LF side 1/4 turn L, RF cross shuffle

1 & 2	RF Rock right, weight back on LF, RF cross over LF
3 & 4	LF rock left, weight back on RF, LF cross over RF
5 - 6	¼ turn left, RF back, ¼ turn left, LF left (6 h)
7 & 8	RF cross over LF, LF next to RF, RF cross over LF

[17 - 24] LF side rock with sway, LF behind, $\frac{1}{4}$ turn R RF step fwd, LF step fwd , RF point side, LF point side, RF toe heel stomp fwd

1 - 2 LF rock left with sway, weight back on RF (with movement of the hips left to Right)

3 & 4 LF cross behind RF, ¼ turn right RF forward, LF forward

#9.Wall Ending...1/4 turn right RF forward

5 & 6 RF point right, RF next to LF, LF point left

&7 & 8 RF next to LF, RF point next LF, RF heel in front, Stomp RF forward

[25 – 32] LF Mambo 1/4 turn L, sway, sway, RF vaudeville, LF vaudeville

1 & 2 LF rock forward, weight back on RF, ¼ turn left LF left,

3 - 4 swing the hips right, swing the hips left

Restart: Walls 3. and 6.

5 & 6 RF cross over LF, LF left, heel right diagonal in front right (6h)

&7& 8& RF next to LF, LF cross over RF, RF right, heel left diagonal in front left, LF next to RF (6h)