

Lazy

COPPER KNOB
STEPSHEETS

拍數: 32

牆數: 4

級數: Beginner

編舞者: Jerri Lynn Hicks (USA) - May 2023

音樂: The Lazy Song - Bruno Mars



Dance starts right away on vocals.

No tags No restarts

R Heel grind ¼, skate back 2x, coaster, slide , touch

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| 1,2 | Right heel grind to the right ¼ turn (3:00) |
| 3,4 | Skate back right foot then left foot |
| 5&6 | Step back with R, left next to right, left forward |
| 7,8 | Slide left with left foot, bring R next to left |

Right foot point F, point R, cross, unwind ½, Left foot point F, point L, cross, unwind ½

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|-----|--|
| 1,2 | Point R foot forward, point R foot to right side |
| 3,4 | Cross R foot over L, unwind ½ turn (9:00) |
| 5,6 | Point L foot forward, point L foot to left side |
| 7,8 | Cross L foot over R, unwind ½ turn (3:00) |

R side together, side together, triple side, L side together, side together, triple side

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|------|--|
| 1&2& | R to Right side, Left next to R, left to left side, R next to left |
| 3&4 | Right to R side, left next to R Right to R side |
| 5&6& | L to left side, Right next to L, R to right side, L next to R |
| 7&8 | L to left side, R next to L, Left to left side. |

Cross point, Cross point, Stomp Stomp, Hip Hip

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|-----|--|
| 1,2 | Cross R over L, point Left foot to the left |
| 3,4 | Cross L over R, point Right foot to the right. |
| 5,6 | Stomp R foot forward, Stomp L foot forward |
| 7,8 | Exaggerate Hip R, Exaggerate Hip L |