

Signed Sealed Delivered

COPPER KNOB
STEPMATS

拍數: 32 牆數: 4 級數: Improver
編舞者: Sandy Carty Hodges (USA) - June 2023
音樂: Signed Sealed Delivered - Jackson Breit



Intro: 32 ct. No tags/No restarts
(also works very well with same song by Stevie Wonder)

SECTION ONE: STOMP, HEEL TAPS RIGHT, HIP BUMPS WALKING FORWARD.

1-4 Stomp forward on right foot and tap heel 3 times,
5&6,7&8 (moving forward) Bump hips L-R-L, then R-L-R. (12:00)

SECTION TWO: ¼ TURN RIGHT, CROSS SHUFFLE, ¾ LEFT, STEP RIGHT ON RIGHT FOOT, BACK ON LEFT FOOT ,STEP BACK ON RIGHT FOOT, LEFT HEEL FORWARD.

1,2,3&4 Step forward on left foot, ¼ right, step on right foot, cross left over right and shuffle L-R-L.
(3:00)
5-8 Step to right on right foot, making ¾ turn left, stepping on left foot, step back on right foot,
put left heel forward. (6:00)

SECTION THREE: WIZARD STEPS RIGHT AND LEFT, ½ TURN LEFT, ¼ LEFT

&1,2&, 3,4& Step back on left for " & ", step diagonal right on right, step left toe behind right foot, step on right foot, Step diagonal left, step right toe behind left foot, step on left foot. (6:00)
5-8 Step forward on right foot, making ½ turn left stepping on left foot, step forward on right foot making ¼ turn left putting weight on left foot. (9:00)

SECTION FOUR: TOES TAPS, SIDE BEHIND SIDE, CROSS, HOLD.

1-4 With weight on left foot, tap right toe to the right, tap right toe forward, tap right toe to the right, tap right toe forward. (9:00)
5,6, & 7,8 Step to right on right foot, step left foot behind right foot, side to side on right foot, cross left foot over right foot and hold.

E.O.D. Start the dance again. (sandyutah82@gmail.com)
(thanks to Nola for the inspiration of great songs)