# Real Damn Good (Phrased)

級數: Low Intermediate

編舞者: Maria "Mary" Gulczynska-Baci (IT) - February 2023

音樂: Real Damn Good - Josh Abbott Band

# Sequence: A, B, A, B, A, B, A, B, A, Ending

## PART A - 50 counts - Starts with lyrics

拍數: 86

# S1 [1-8] CHASSE RIGHT, ROCK CROSS BACK, CHASSE LEFT, ROCKCROSS BACK

- Right step to right, left next to right, right step to right 1&2
- 3-4 Left step back diagonally behind right, move weight fromleft toright
- 5&6 Left step to left, right next to left, left step to left
- 7-8 Right step back diagonally behind right, move weight fromright toleft

#### S2 [9 - 16] SHUFFLE FORWARD DIAGONALLY RIGHT, HOOKBACK, SHUFFLE BACK DIAGONALLY LEFT, HOOK FORWARD, 1/2 TURN

- 1&2 Right step fwd diagonally, left next to right, right step fwd diagonally
- 3-4 Left foot up and crossed behind right, hold
- 5&6 Left step back diagonally, right next to left, left step back diagonally
- Right foot up and crossed in front of left, 1/2 turn 7-8

#### S3 [17 - 24] SHUFFLE FORWARD DIAGONALLY RIGHT, HOOKBACK, SHUFFLE BACK DIAGONALLY LEFT, HOOK FORWARD, 1/2 TURN

- Right step fwd diagonally, left next to right, right step fwd diagonally 1&2
- 3-4 Left foot up and crossed behind right, hold
- 5&6 Left step back diagonally, right next to left, left step back diagonally
- 7-8 Right foot up and croossed in front of left, 1/2 turn

#### S4 [25 - 32] SHUFFLE FORWARD DIAGONALLY RIGHT, HOOKBACK, SHUFFLE BACK DIAGONALLY LEFT, HOOK FORWARD

- 1&2 Right step fwd diagonally, left next to right, right step fwd diagonally
- 3-4 Left foot up and crossed behind right, hold
- 5&6 Left step back diagonally, right next to left, left step back diagonally
- 7-8 Right foot up and crossed in front of left

# S5 [33 - 40] COASTER STEP RIGHT, ROCKING CHAIR LEFT, STOMP(LEFT), HOLD

- 1&2 Step right back, step left beside right, step right fwd
- 3-4 Weight on left fwd, recover right in place,
- 5-6 Weight on left back, recover right in place
- 7-8 stomp left, hold

## S6 [41 - 50] ROCK RIGHT, CHASSE CROSS LEFT, ROCK LEFT, CHASSECROSS RIGHT, STOMP (RIGHT), HOLD

- 1-2 Step right to the right, move weight from right to left
- 3&4 Right cross in front of left, left next to right, right step to left
- 5-6 Step left to the left, move weight from left to right
- 7&8 left cross in front of right, right next to left, left step to right
- 1-2 stomp right, hold

# PART B - 36 counts

# S1 [51 - 58] RUMBA BOX

- 1-2 Right step to right, left next to right,
- 3-4 right step fwd, left next to right, , left step back





牆數: 2

- 5-6 Left step to left, right next to left,
- 7-8 Left step back, right next to left,

## S2 [59-66] RIGHT MONTEREY 1/2 TURN, HOLD, KICK BACK(LEFT), STOMP (RIGHT)

- 1-2 Point right to right side. Turn 1/2 right stepping right beside left.
- 3-4 hold
- 5-6 step back on right, kick left fwd, recover
- 7-8 Stomp right slightly fwd (x2)

# S3 [67 - 74] SWIVEL RIGHT HEEL OUT-IN (x2), PIVOT (TORIGHT), STEPFWD

- 1-2 Swivel right heel out and in
- 3-4 repeat steps 1-2
- 5-6 step fwd on left, pivot 1/2 turn right on balls of both feet endingwithweight on right
- 7-8 step fwd on left,hold

# S4 [75 - 82] FULL TURN LEFT, TOUCH, SCISSOR STEPS (RIGHT, LEFT)

- 1-2 1/2 turn on right to left side, 1/2 turn on left to left
- 3touch
- 4&5 Step right to right side, step left next to right, cross right to left of left foot, hold.
- 6&7 Step left to left side, step right next to left, cross left to right of right foot, hold 8-Hold

## S5 [83 - 86] PIVOT, KICK BALL STEP RIGHT WITH STOMP

- step fwd on right, pivot 1/2 turn left on balls of both feet endingwithweight on left 1-2
- 3&4 Kick right fwd, recover right in place, step left slightly fwd with astomp(weight on left)

## ENDING after Step 6 in S6 [41 - 50] STOMP LEFT FORWARD+Howdygesture

1&2 Stomp left fwd and touch the brim of the hat (a light grasp betweenyour thumb and first finger)