Perfect For Me

拍數: 16

級數: Improver - Rolling Eight

編舞者: Ivan Rundgren (SWE) - June 2023

音樂: Perfect for Me - Bradley Marshall

INTRO: FAST 4 C AFTER LYRIC START THE DANCE BEGINS ON WORD LOVE; 2 RESTART

SEC 1: KICK – COASTER STEP – STEP – SWEEP – SIDE – BEHIND – SWAY L R L – 1/4 TURN R – 1/2 TURN R – BEHIND

- 1 2 & a Kick fwd R (1) step back on R (2) step L next to R (&) step fwd R (a)
- 3 4 & a Step fwd L (3) sweep R out and around a cross L (4) step L to L side (&) cross R behind L (a)
- 5 6 7 Step L to side and sway (5) sway to R side (6) Sway to L side (7)
- 8 & a 1/4 turn R stepping fwd R (8) 1/2 turn R stepping L to L side (&) cross R behind L (a)

SEC 2: STEP – CROSS ROCK STEP – SIDE – BEHIND – SIDE – CROSS ROCK STEP – SIDE – RUN FWD R L R

123	Step L to L side (1) cross R over L (2) recover to L (3)
4&a5	Step R to R side (4) step L behind R (&) step R to R side (a) cross L over R (5)
6 a 7	Recover to R (6) step L to L side (a) step fwd R (7)
8&a	Step fwd L (8) step fwd R (&) step forward on L (a)

Restarts, always facing 12.00 after wall 2 and 6; Dance section 1 without count (a) then restart.

To end dance 12,00 change sec. 2 (8 & a) like following:

8 & a 1 Step fwd L (8) step fwd R (&) pivot 1/2 turn L (a) Step fwd L (1)

Start over again!

Have fun & happy dancing, hugs from Sweden :)

Contact: ivan.rundgren@gmail.com Remember to vote for favorite dances if You like it!.

Last Update: 22 Jun 2023





牆數:2