

Sweet Memories

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Susan Reynolds (USA) - June 2023
音樂: Memory Lane - Old Dominion



Intro: 16 counts
3 restarts

SIDE ROCK, RECOVER, CROSS SHUFFLE, LEFT GRAPEVINE

1 - 4 Rock R to Side, Recover on L, Cross R over L, Step L together, Cross R over L

5 - 8 Step L to side, Step R behind L, Step L to Side, Touch R beside L

Restart here after 8 counts on Wall 4 @ 9:00 and on Wall 6 @ 3:00 and Wall 8 @ 9:00

½ TURN, SHUFFLE, ¼ TURN SHUFFLE

1 - 4 Step R forward as make ½ turn L, (Weight returns to L), Shuffle forward RLR

5 - 8 Step L forward as make ¼ turn R, (Weight returns to R), Shuffle forward LRL

ROCKING CHAIR, STEP, 2X BALL-CHANGE, HOLD

1 - 4 Step R forward, Step L in place, Step R backward, Step L in place

5 - 8 Step R forward, 2x: L ball of foot steps back and slightly behind R (Ball), R foot steps in place (Change), Hold

CROSS, BACK, STEP ¼ LEFT, TOUCH, ¼ PIVOT LEFT TURN, KICK BALL CHANGE

1 - 2 Cross L over R, Step R back

3 - 4 Step L as turn ¼ L, Touch R beside L

5 - 6 Pivot ¼ Turn L, (Step R forward and turn ¼ L, shift weight back to L)

7 - 8 Kick R forward, R ball of foot steps back and slightly behind R, L foot steps in place

Restart after 8 counts on Wall 4 @ 9:00 and on Wall 6 @ 3:00 and Wall 8 @ 9:00

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See my other dance videos at: SusanReynolds@susanreynoldslinedances