One Margarita



拍數: 40 牆數: 2 級數: Beginner

編舞者: Ann Domingue (USA) - April 2020

音樂: One Margarita - Luke Bryan: (album: One Margarita, 2020, iTunes)



Intro: 16 count, begin on lyrics

Sway-Sway, shuffle to the side (right and left)

1-2 sway right, left3&4 shuffle to the right5-6 sway left, right

7&8 ½ turn shuffle to the left

Rock-Recover, Triple half-turn, Rock-Recover 1/4 turn sailor

1-2 rock right forward, recover on left

3&4 triple half turn right

5-6 rock left forward, recover on right

7&8 ½ turn sailor

Rock-recover, triple half-turn, rock-recover, coaster

1-2 rock right forward, recover on left

3&4 triple half turn right

rock left forward, recover on rightcoaster (left back, right, left forward)

Heel-Toe, shuffle (right and left)

1-2 touch right heel forward, touch right toe across left

3&4 shuffle forward (RLR)

5-6 touch left heel forward, touch left toe across right

7&8 shuffle forward (LRL)

*BRIDGE: here on fifth time through sequence facing 6:00 – do a slow rocking chair after this sequence then continue the dance

Swivels, Coaster (right and left) "One Margarita"

1&2 swivel heels right-left-right

3&4 right coaster step (right back, left, right forward)

5&6 swivel heels left-right-left

7&8 left coaster step (left back, right, left forward)