

Turn Back the Clock, Let's Rock

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Beginner / Improver
編舞者: Michael Diven (USA) - June 2023
音樂: Rock Around the Clock - Bill Haley and His Comets



Intro: The dance begins after 32 counts, start dancing on the word "your".

[1-8] Right Touch, Touch, Point, Hold, Behind, Side, ¼ Turn Left, Hold

- 1-2 Touch right toe to right side, touch right toe next to left foot
- 3-4 Touch right toe to right side, hold
- 5-6 Cross step right foot behind left, pivot ¼ turn left stepping forward on left foot
- 7-8 Step forward on right foot, hold

[9-16] Left Touch, Touch, Point, Hold, Left Coaster Step, Hold

- 1-2 Touch left toe to left side, touch left toe next to right foot
- 3-4 Touch left toe to left side, hold
- 5-6 Step left foot back, step right foot next to left
- 7-8 Step forward on left foot, hold

Beginner Dancer Option:

[17-24] Rock, Recover, Step, Hold x 2

- 1-2 Rock forward on right foot, recover weight back on left foot
- 3-4 Step right foot next to left, hold
- 5-6 Rock back on on left foot, recover weight back on right foot
- 7-8 Step left foot next to right, hold

Improver Dancer Option:

[17-24] Rock, Recover, ½ Turn, Step, ½ Turn, Step, Hold

- 1-2 Rock forward on right foot, recover weight back on left foot
- 3-4 Pivot ½ turn right, stepping forward on right foot, hold
- 5-6 Step forward on left foot, pivot ½ turn right
- 7-8 Step left foot forward, hold

Beginner Dancer Option:

[25-32] ½ Turn Toe Strut Jazz Box

- 1-2 Cross right toe over left foot, drop right heel to floor
- 3-4 Pivot ¼ turn right, stepping back on left toe, drop left heel to floor
- 5-6 Step right toe to right side, drop heel to floor
- 7-8 Pivot ¼ turn right, stepping back on left toe, drop left heel to floor

Note: Beginner's can also do 2 V steps with ¼ turn right on counts 3-4 & 7-8

Improver Dancer Option:

[25-32] ¼ Turn Monterey Turn x 2

- 1-2 Touch right toe to right side, pivot ¼ turn right stepping right foot next to left
- 3-4 Point left toe to left side, step left foot next to right
- 5-6 Touch right toe to right side, pivot ¼ turn right stepping right foot next to left
- 7-8 Point left toe to left side, step left foot next to right

[33-40] Rock, Recover, Rock, Recover, Weave, Cross, Hold

- 1-2 Rock forward on right foot, recover weight back on left foot
- 3-4 Rock right foot to right side, recover weight back on left foot
- 5-6 Step right foot behind left foot, step left foot to left side
- 7-8 Cross step right over left foot, hold

[41-48] Rock, Recover, Weave, Step, Step, Swivel

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| 1-2 | Rock left foot to left side, recover weight back on right foot |
| 3-4 | Step left foot behind right foot, step right foot to right side |
| 5-6 | Step left foot forward, swivel right heel in |
| 7-8 | Swivel right toe in, swivel right heel in |

(Note: Beginners can adjust counts 5-8 and simply twist heels right, center, left, center. Weight will end up on left foot)
