

Need a Favor

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Laura Rittenhouse (AUS) - June 2023
音樂: NEED A FAVOR - Jelly Roll



Start after 16 beats of music using slower tempo of 79 BPM

S1: SWEEP FWD X 3, STEP; SWEEP BACK X 3, STEP

1&2&3&4 Step R fwd, Sweep L foot fwd, Step L fwd, Sweep R fwd, Step R fwd, Sweep L fwd, Step L fwd
5&6&7&8 Step R back, Sweep L foot back, Step L back, Sweep R back, Step R back, Sweep L back, Step L back

S2: LEFT CROSS SHUFFLE, SIDE ROCK, RIGHT CROSS SHUFFLE, SIDE ROCK

1&2,3,4 Cross shuffle R over L (R,L,R), Rock L to side, Recover R
5&6,7,8 Cross shuffle L over R (L,R,L), Rock R to side, Recover L

S3: DOUBLE TIME LOCK FWD R & L; SKATE BACK

1&2,3&4 Step R forward, Lock L behind, Step R forward; Step L forward, Lock R behind L, Step L fwd
5,6,7,8 Step back R on R diagonal, Step back L on L Diagonal, Step back R on R Diagonal, Step back L on L Diagonal

S4: LINDY SHUFFLE R, LINDY SHUFFLE L USING BACK CROSS ROCK TO TURN ¼ R

1&2,3,4 Step R to R, Step L beside R, Step R to R, Cross rock L behind R, Recover on R
5&6,7,8 Step L to L, Step R beside L, Step L to L, Turning ¼ R cross rock R behind L (3:00), Recover on L

No tags or restarts

Last Update: 30 Jun 2023